



July 21, 2019 Sixteenth Sunday in Ordinary Time


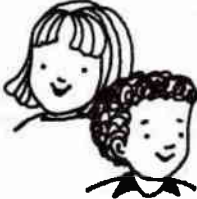


Martha and Mary were sisters.

One day Mary sat listening to Jesus
while Martha did all the serving.

When Martha complained to Jesus, he told her,
"You are anxious and worried about many things" (Luke 10:41).

Fill in the missing letters that will finish this list of things
that can occupy too much of our time.

Then read the circles from top to bottom
to see whom we need to stay focused on.

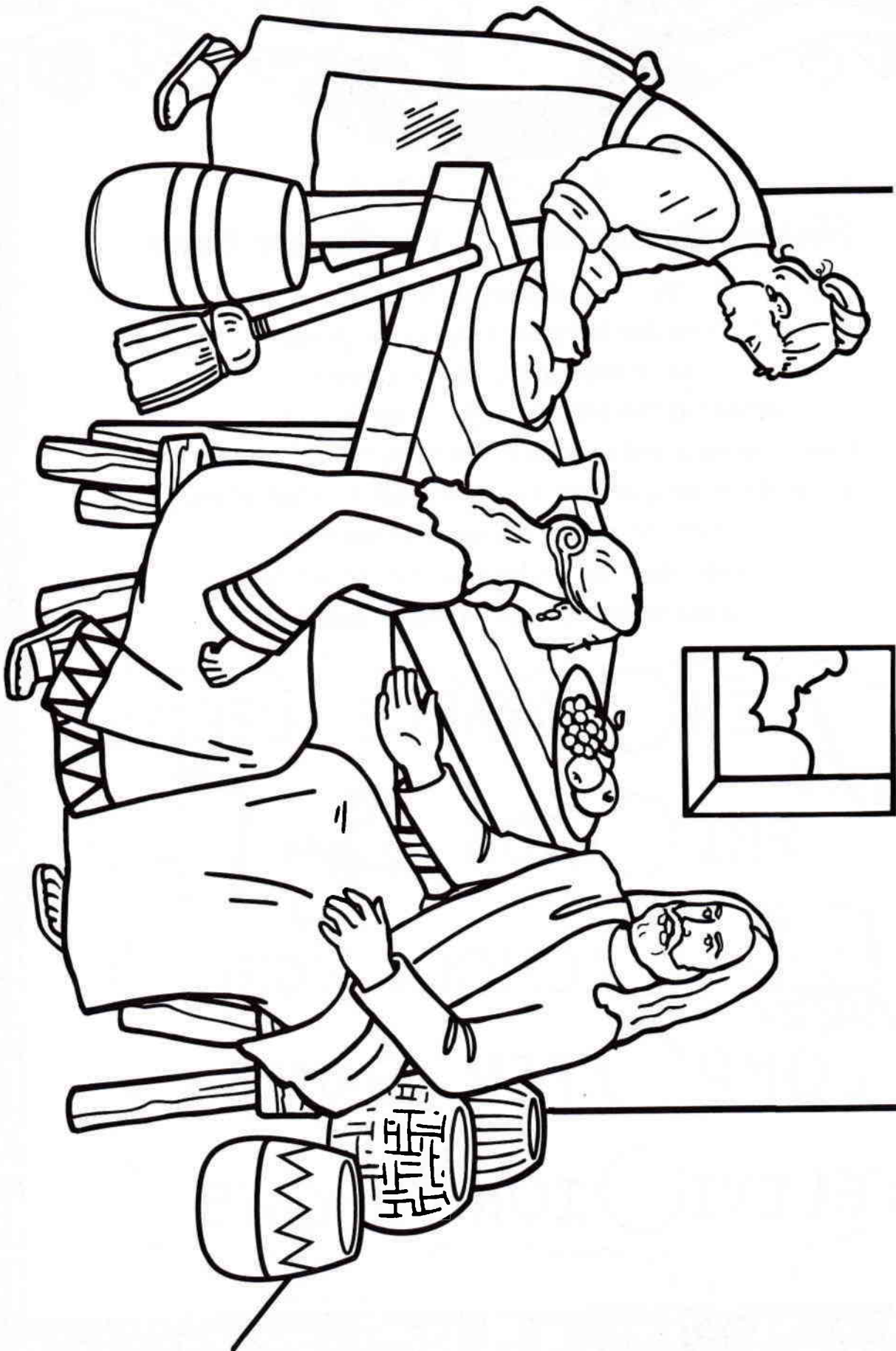
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Mary . . . sat beside the Lord at his feet
listening to him speak. Luke 10 : 39





ANNE AND JOACHIM

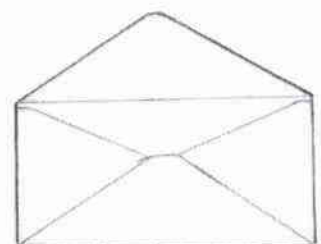
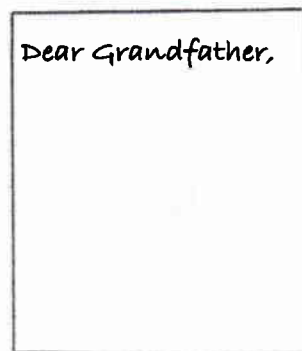
Can you think of five words that describe your grandparents? Ask each person in your family to add their own five words to the list. What do you call your grandparents when you talk to them? What are some things you like to do with your grandparents?

On Friday, July 26, we remember St. Anne (her name means “grace”) and St. Joachim (his name means “God will establish”), the parents of Mary, our Blessed Mother. That makes them the grandparents of Jesus. Did you ever think about Jesus having grandparents like yours? What do you think Jesus liked to do when he was with his grandparents?

We don’t know much about Anne and Joachim. They aren’t mentioned in the Bible, but our Catholic tradition tells us that they were people who were faithful to God. They prayed for a child for many years, and when Mary was born they dedicated her life to God. We can imagine that they were good parents because we know that Mary loved God and lived a holy life doing God’s will. She must have learned to do this from her parents, Anne and Joachim.

The basilica of Sainte-Anne-de-Baupré in Quebec is dedicated to Jesus’ grandmother. You can take a virtual tour of the inside on its website. Like Mary’s shrine at Lourdes, many people travel to Quebec and the church of St. Anne to pray for the grace of healing.

On the feast of St. Anne, try to connect with your grandparents. You can do that in many ways. Share with them the words you used to describe them. Remember a time you enjoyed spending with your them. Say a prayer thanking God for the blessing of your grandparents. If you didn’t know your grandparents, ask a relative to tell you about them. Ask your parents about their grandparents, too.



Abraham and Sarah treated three strangers as guests,
 serving them food and waiting on them.
 One of the strangers said that even though Sarah was old,
 she was going to have a son.

Connect the letters in alphabetical order to see
 where Abraham was when he saw the three men.

