

14. What if I have insomnia or other sleep issues?

This is only one night's sleep. We try to ensure that everyone gets sufficient rest.

15. What is a Witness?

Some members of the giving team volunteer to give a short talk about how they have seen God at work in their lives. These witness talks serve as the basis for discussion.

16. I can't get up and talk in front of people. Will I have to? What about the weekend after mine?

You will not be required or pressured to talk in front of a group. When you are on the giving team you will not be required to give a talk. Many team members do not, as you will see on the weekend. There are many behind the scenes jobs that make up the weekend. The help of many members is required for the success of the weekend. You can use your time and talents in the areas you feel called to.

17. The thought of faith sharing and renewal feels a bit overwhelming?.

The Renewal Weekend is not intimidating or forced. It is a time and place where you will be welcomed. Some people experience a bit of discomfort in new situations, and if this is true for you, you will quickly find yourself enjoying the experience and very relaxed. You'll be amazed at how many people are just like you with the same thoughts, feelings and concerns around faith and life issues.

Please join us for our next Renewal Weekend.



St. Columban
"THE RENEWAL WEEKEND"

Please Join Us For A



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**REFOCUS
RE-ENERGIZE
RECONFIRM**
the purpose of your life in Christ



**Questions and Answers
about the weekend**

1. What is Christ Renews His Parish or CRHP?

Christ Renews His Parish, or CRHP, is a program designed to bring the members of St. Columban together in Christ. It is completely oriented to the parish in order to give both the individual and the parish an opportunity for renewal and growth in the spiritual life.

"We ask God to fill you with the knowledge of His will, with all the wisdom and understanding that His spirit gives. Then you will be able to live as the Lord wants and will always do what pleases Him. Your lives will produce all kinds of good deeds and you will grow in your knowledge of God."

2. What is it not?

It is not..

- silent prayer
- a parish organization
- a public confessional
- an emotional cult
- a pre-selected group
- a parish clique

3. What happens during the Weekend?

Most who have made it say, "You can't explain what happens; you have to experience it" It is both rewarding and enjoyable.

You will enjoy the 30-hour CRHP process. This process includes some group activities and discussions, some prayer together and some reflections by "team" members on such subjects as: Father's Loving Care, Scripture, Eucharist, and Christian Awareness.

You can expect an opportunity, in a relaxed atmosphere, to respond to Christ's call to a closer and deeper relationship with Him.



4. What is meant by team?

The team is composed of the participants from the previous CRHP Weekend. The team provides leadership for the Weekend, along with the Pastor, a Deacon, and Spiritual Directors chosen by the pastoral staff.

5. How long does it last?

The Weekend begins at 8 am on Saturday, and ends by 4 pm on Sunday. The entire period, will last between 30 to 32 hours.

6. Who may attend?

Every member of the parish with two exceptions:

- Participants who attended a previous Renewal Weekend within the past 2 years.
- Individuals who are not 18 years of age.

The parish, of course, consists of all the souls, Catholic and non-Catholic, who reside within the parish boundaries of St. Columban, or who are registered in the Parish.

Women and men attend on different weekends.

7. How will I be invited?

You will be invited by announcements at Mass, through the church bulletin, and perhaps by someone in the parish who may know you.

Individual invitations may also be extended by a team member if your name was submitted by someone who thinks you might be interested.

It is up to you, as an individual, to make up, your own mind. The program is not being sold, and no one is pressured to attend. Praying for guidance is important. If you feel that Christ is calling you, through the Holy Spirit, or through a human mediator is calling you - Come!



8. Is Reconciliation part of the Weekend?

There will be a Reconciliation service held in the church. All those who wish to receive this sacrament will have the opportunity to do so,

9. What about Mass?

The Eucharist will be celebrated during the weekend, and everyone will have the chance to participate.

10. Where do people sleep?

The sleeping accommodations are quite unique. The beautiful Parish Hall (former undercroft) will be our sleeping space. You will bring your own cot, mat or sleeping bag and whatever covers, pillows, or extras you desire for a comfortable night's sleep. If this is an area of concern for you, please discuss it with a CRHP contact person from the team and try not to let it interfere with your decision to attend.

11. What about meals?

Hot meals are served. The food is excellent and the portions ample. All meals are provided and served in the Parish Hall, including a candlelight dinner with wine. There will be regular breaks for coffee or soft drinks. Snacks are available at all times during the retreat weekend.

A pleasant and informal "Community Celebration" is held Saturday night as the last event of the day. Participants may retire for the night when they wish to do so.

12. What should I wear?

Casual and comfortable clothes.

13. I'd like to attend the Weekend but I have special health needs?

Acquaint the Spiritual Directors or Invitation Coordinators with your situation. Special diet foods can be arranged, or other aids may be available.

