

40 DAYS OF LENT



ST. JOSEPH CATHOLIC CHURCH

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FIRST SUNDAY OF LENT MARCH 10, 2019

PAROCHIAL ADMINISTRATOR: REV. KUMAR PASALA
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HOLY MASS SCHEDULE

Saturday - 4:30pm - Confessions
 - 5:00pm - Rosary
 - 5:30pm - Vigil Mass

Sunday - 10:30am - Mass

Please Note: On every Friday during this season of Lent there will be Mass @ 6:30pm, Stations of the Cross @7:00pm followed by Soup.

WEEK DAYS

Monday to Wednesday - 5:40pm - Rosary
 - 6:00pm - Mass

Thursday - 3:00pm - AMCC

Friday - 3:00pm - QCC

ANNOUNCEMENTS

1. Please Signup for Lectors and EMHC and Soup after Stations on Friday.
2. The Ballot election results are here: Julie Farley, Kathryn and Nathan McTigue (Share a Seat), Sylvester Ayek and Pauline Marble newly elected members to serve on the Parish Council
3. Thanks to Mo, Julie Farley, Megan and all the Parish council members for making Iditarod Fundraiser a success.
4. Coming weekend Deacon Bob will preside over the Communion Service as Fr. Kumar makes his monthly trip to Kotzebue.
5. Need more volunteers to cook meals for NEST. Please contact Betsy.

READERS AND EM'S FOR MARCH

First Sunday of Lent

Saturday March 9
 5:30pm Lector Sandi Nehriri
 EMHC

Sunday March 10
 10:30am Lector Julie Farley
 EMHC

Second Sunday of Lent

Saturday March 16
 5:30pm Lector Leona Mayac
 EMHC Sandi Nehriri

Sunday March 17
 10:30am Lector Emily Hofstaedter
 EMHC

St. Joseph Spouse of the Blessed Virgin Mary 19th

7pm Lector EMHC

Third Sunday of Lent

Saturday March 23
 5:30pm Lector Katherene Scott
 EMHC

Sunday March 24
 10:30am Lector Sean Penetac
 EMHC

Fourth Sunday of Lent

Saturday March 30
 5:30pm Lector Leona Mayac
 EMHC

Sunday March 31
 10:30am Lector K&N McTigue
 EMHC

SUNDAY COLLECTION

On 3rd March 2019 is \$ 521. Thank you very much for your generous contribution.

**The 2019 Lenten season begins on Ash
Wednesday, March 6, for Latin-rite Catholics
with Easter Sunday on April 21.**

During Lent, we are asked to devote ourselves to seeking the Lord in prayer and reading Scripture, to service by **giving alms**, and to sacrifice self-control through **fasting**. Many know of the tradition of abstaining from meat on Fridays during Lent, but we are also called to practice self-discipline and fast in other ways throughout the season. Contemplate the meaning and origins of the Lenten fasting tradition in this **reflection**. In addition, the giving of alms is one way to share God's gifts—not only through the distribution of money, but through the sharing of our time and talents. As St. John Chrysostom reminds us: "Not to enable the poor to share in our goods is to steal from them and deprive them of life. The goods we possess are not ours, but theirs." (Catechism of the Catholic Church, no. 2446).

Lent is a favourable season for opening the doors to all those in need and recognizing in them the face of Christ."-- Pope Francis

In Lent, the baptized are called to renew their baptismal commitment as others prepare to be baptized through the **Rite of Christian Initiation of Adults**, a period of learning and discernment for individuals who have declared their desire to become Catholics.

The key to fruitful observance of these practices is to recognize their link to baptismal renewal. We are called not just to abstain from sin during Lent, but to true conversion of our hearts and minds as followers of Christ. We recall those waters in which we were baptized into Christ's death, died to sin and evil, and began new life in Christ.

On these pages, you will find a variety of suggestions and resources to help you "raise up," "sacrifice," and "offer" during this Lent and to embrace your baptismal commitment.

Catholics are also encouraged to make going to confession a significant part of their spiritual lives during Lent. The U.S. Bishops' statement, "**God's Gift of Forgiveness: The Pastoral Exhortation on the Sacrament of Penance and Reconciliation**" can be distributed and shared in parishes. Dioceses are encouraged to make the sacrament available often during Lent and to use **these resources** to promote participation. We also have **resources to help individuals** who have not been to confession in a while "rediscover" the sacrament.

FAMILY CONNECTION

In Luke's Gospel, the story of Jesus' temptation in the desert appears just after Jesus' baptism and before Jesus begins his public ministry. We can imagine this as a time of transition, a turning point in Jesus' life. Perhaps we can liken it to one of the important turning points in our own lives: the decision to marry, the birth of a child, the acceptance of a new job, or the decision to move to a new home. After the moment of decision, having reached the point of no return, we sometimes begin to wonder if we are prepared and ready for the task before us. Turning points can be times of doubt and insecurity. Jesus' response to the temptations of the devil offers an example for responding in faith when our doubts and insecurities tempt us to distrust God's sufficiency. Jesus rebukes the devil by quoting Scripture. Each citation is an affirmation of trust in God. We learn to trust in big things by practicing trust in little things. Our Lenten practices of prayer, fasting, and almsgiving invite us to trust God in these small ways. They remind us that God will suffice for us. They prepare us to trust in God in all things, especially in moments of doubt and uncertainty.

As a family, talk about ways in which trust has been built among members of the family. Observe how being trustworthy in small matters enables us to trust one another in more important matters. Offer specific examples if possible (e.g., children who establish their responsibility in household tasks can be granted greater independence and freedom to choose how they perform these tasks). Today's Gospel shows us how Jesus trusted God in all things. Read aloud today's Gospel, Luke 4:1-13. Discuss how Jesus showed his trust in God when he resisted the devil's temptations. Invite family members to name times when they have trusted God in matters small or large. Write a family prayer together. You might write the prayer so that each line begins with a letter in the word "trust." Pray this prayer together.

PATORAL COUNCIL

Megan Mackiernan – 443-4501 President
Caroline Proulx – 434-6010 Secretary & R E Dir
Rebecca Callahan – 443-7158
Patrick Callahan – 443-1236
Angie Gorn – 443-3286
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