

40 DAYS OF LENT



ST. JOSEPH CATHOLIC CHURCH

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SECOND SUNDAY OF LENT MARCH 17, 2019

PAROCHIAL ADMINISTRATOR: REV. KUMAR PASALA
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HOLY MASS SCHEDULE

Saturday - 4:30pm - Confessions
 - 5:00pm - Rosary
 - 5:30pm - Vigil Mass

Sunday - 10:30am - Mass

Please Note: On every Friday during this season of Lent there will be Mass @ 6:30pm, Stations of the Cross @7:00pm followed by Soup.

WEEK DAYS

Monday to Wednesday - 5:40pm - Rosary
 - 6:00pm - Mass

Thursday - 3:00pm - AMCC

Friday - 3:00pm - QCC

ANNOUNCEMENTS

1. Please Signup for Lectors and EMHC, and Soup after Stations on Friday.
2. As you all know and prayed for Dora Ahkinga who passed away last week the family scheduled the Funeral Mass on Monday at 2pm.
3. As you all know that there is great need for more Lay Presiders, please see Fr. Kumar if you are interested in that ministry.
4. Need more volunteers to cook meals for NEST. Please contact Betsy Brennan.
5. Please take the Catholic Relief Services Rice bowl from the table in social hall to help feed the poor people across the globe.
6. The Word Among Us booklets for Lenten Journey are at the back table in Social Hall. Please take your copy.

READERS AND EM'S FOR MARCH

First Sunday of Lent

Saturday March 9
 5:30pm Lector Sandi Nehriri
 EMHC

Sunday March 10
 10:30am Lector Julie Farley
 EMHC

Second Sunday of Lent

Saturday March 16
 5:30pm Lector Leona Mayac
 EMHC Sandi Nehriri

Sunday March 17
 10:30am Lector Emily Hofstaedter
 EMHC

St. Joseph Spouse of the Blessed Virgin Mary 19th

7pm Lector EMHC

Third Sunday of Lent

Saturday March 23
 5:30pm Lector Katherene Scott
 EMHC

Sunday March 24
 10:30am Lector Sean Penetac
 EMHC

Fourth Sunday of Lent

Saturday March 30
 5:30pm Lector Leona Mayac
 EMHC

Sunday March 31
 10:30am Lector K&N McTigue
 EMHC

SUNDAY COLLECTION

On 10th March 2019 is \$ 174. Thank you very much for your generous contribution.

**The 2019 Lenten season begins on Ash
Wednesday, March 6, for Latin-rite Catholics
with Easter Sunday on April 21.**

During Lent, we are asked to devote ourselves to seeking the Lord in prayer and reading Scripture, to service by **giving alms**, and to sacrifice self-control through **fasting**. Many know of the tradition of abstaining from meat on Fridays during Lent, but we are also called to practice self-discipline and fast in other ways throughout the season. Contemplate the meaning and origins of the Lenten fasting tradition in this **reflection**. In addition, the giving of alms is one way to share God's gifts—not only through the distribution of money, but through the sharing of our time and talents. As St. John Chrysostom reminds us: "Not to enable the poor to share in our goods is to steal from them and deprive them of life. The goods we possess are not ours, but theirs." (Catechism of the Catholic Church, no. 2446).

Lent is a favourable season for opening the doors to all those in need and recognizing in them the face of Christ."-- Pope Francis

In Lent, the baptized are called to renew their baptismal commitment as others prepare to be baptized through the **Rite of Christian Initiation of Adults**, a period of learning and discernment for individuals who have declared their desire to become Catholics.

The key to fruitful observance of these practices is to recognize their link to baptismal renewal. We are called not just to abstain from sin during Lent, but to true conversion of our hearts and minds as followers of Christ. We recall those waters in which we were baptized into Christ's death, died to sin and evil, and began new life in Christ.

On these pages, you will find a variety of suggestions and resources to help you "raise up," "sacrifice," and "offer" during this Lent and to embrace your baptismal commitment.

Catholics are also encouraged to make going to confession a significant part of their spiritual lives during Lent. The U.S. Bishops' statement, "**God's Gift of Forgiveness: The Pastoral Exhortation on the Sacrament of Penance and Reconciliation**" can be distributed and shared in parishes. Dioceses are encouraged to make the sacrament available often during Lent and to use **these resources** to promote participation. We also have **resources to help individuals** who have not been to confession in a while "rediscover" the sacrament.

FAMILY CONNECTION

In today's Gospel, the voice from heaven speaks to the disciples saying, "Listen to him." The Transfiguration was a focused moment for the disciples when they heard God speaking to them and experienced Jesus in glory. They most certainly left this focused moment with a new appreciation for the importance of Jesus' words even if they did not yet understand everything that he had taught them. During Lent, we are invited to consider our attentiveness to Jesus and to one another. In the pace and noise that often characterizes family life, how well do we listen to one another? What opportunities do we have for quiet prayer?

As you gather as a family, count the number of pieces of equipment in your home that produce sound: televisions, radios, CD players, computers, video games, etc. Observe if sometimes more than one piece of equipment is playing simultaneously and how this might affect communication. Discuss the question: What is it like to try to talk with one another when this equipment is on?

Read aloud today's Gospel, Luke 9:28-36. Consider whether the noise and pace of your family life allows family members opportunities for quiet prayer. During Lent, it may be appropriate for your family to choose a time for quiet in the household by turning off televisions, radios, and CD players. Consider whether your family would like to establish such a time during this Season of Lent and suggest that it might allow you the opportunity to listen more attentively to one another and to find time for quiet prayer. Spend a few such moments as a family, asking God to help you listen well to one another and to Jesus.

PATORAL COUNCIL

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- Caroline Proulx – 434-6010 Secretary & R E Dir
- Rebecca Callahan – 443-7158
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- Angie Gorn – 443-3286
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