

# March 2019

# Holy Cross Catholic School

# LUNCH



PreK-3: 11:00-11:30

PreK-4: 11:05-11:35

Kinder: 11:10-11:40

1<sup>st</sup> Grade: 11:15-11:45

2<sup>nd</sup> Grade: 11:20-11:50

3<sup>rd</sup> Grade: 11:25-11:55

4<sup>th</sup> Grade: 11:30-12:00

5<sup>th</sup> Grade: 11:35-12:05



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



## Monday



Sausage  
Broccoli/Rice Casserole  
Bread  
Fruit  
Milk

4

## Tuesday



Beef/Cheese Nachos  
Spanish Rice  
Salad  
Jello  
Milk

5

## Wednesday



Fish Sticks  
Loaded Mashed Potatoes  
Corn  
Fruit  
Milk

6

## Thursday



Sloppy Joe  
Chips  
Pickles  
Brownie  
Milk

7

## Friday

Chicken Fried Steak  
Mashed Potatoes/Gravy  
Black Eye Peas  
Fruit  
Milk

1

Scrambled Eggs  
Hash Browns  
Cinnamon Toast  
Fruit  
Milk

8



11



12



13



14



15

Corn Dogs  
Pork n Beans  
Tator Tots  
Fruit  
Milk

18

Beef/Bean/Cheese  
Quesadillas  
Tortilla Chips/Salsa  
Salad / Cookie  
Milk

19

Steak Fingers  
Rice/Gravy  
Cooked Carrots  
Fruit  
Milk

20

Chicken Strips  
Salad  
Garlic Sticks  
Peach Cobbler  
Milk

21

Grilled Cheese  
Tomato Soup  
Cucumbers  
Fruit  
Milk

22

Zoo Nuggets  
Mac n Cheese  
Peas  
Fruit  
Milk

25

Tacos  
Lettuce/Tomatoes  
Pinto Beans  
Cake  
Milk

26

Baked Drumsticks  
w/ BBQ Sauce  
Garlic Parmesan Pasta  
Green Beans / Fruit  
Milk

27

Tator Tot Casserole  
Salad  
Garlic Sticks  
Pudding  
Milk

28

Tuna Fish Sandwich  
Chips  
Pickles  
Fruit  
Milk

29