

**St. Joseph Confirmation Program
Service Hours & Reflection Questions**

The diocese of Sacramento requires that those who are preparing for Confirmation are required to fulfill community service hours. Our parish requirements are:

Year 1: Ten hours of service to the parish. (i.e. church cleaning, serving at dinners, helping at festivals)
Year 2: Fifteen hours of service to the parish and the community. (i.e Feeding the homeless at Loaves and Fishes, or helping at Elk Grove's 5k Runs, etc.)

Name of Organization	Tasks (What did you do?) & <u>DATE</u>	Hours Completed	Name of Supervisor Contact Information	Supervisor Signature

Reflection Questions

Pope Paul VI said, "Man cannot fully find himself except through a sincere gift of himself."
(On the Church in the Modern World, 24)

Please complete and summarize the following questions. Please type, and double space your answers to the questions on one page.

- When you are serving the poor and those at the Church, keep in mind you are serving Jesus, you are spending time with Jesus.
1. How were you a gift to those you were serving? How did you use your gifts and talents to help them?
 2. How were the people you were serving a gift to you? How did you see Jesus in those you were serving?
 3. How was your service related to the Corporal Works of Mercy?: feed the hungry, shelter the homeless, clothe the naked, visit the sick and imprisoned, bury the dead, and give alms to the poor.

4. How was your service related to the Spiritual Works of Mercy?: instruct, advise, console, comfort, forgive, and bear wrongs patiently.
5. How does your service relate to Catholic Social Teaching?: Life and Dignity of the Human Person, Call to Family, Community, and Participation, Rights and Responsibilities, Option for the Poor and Vulnerable, The Dignity of Work and the Rights of Workers, Solidarity, Care for God's Creation. (for more info or explanation, visit usccb.org and search Catholic Social Teaching)
6. When the church tells us that the lay vocation calls us to transform the world in which we live, how is service an essential part of that service?