



FEBRUARY 2019

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

Monday

Tuesday

Wednesday

Thursday

Friday

319 Orange Cranberry Muffin **4**
670 Fresh Fruit
749 Apple-Cherry Juice
Pre-K: 346 Cinnamon Toast Crunch Cereal

334 Cinnamon Toast Crunch Cereal **5**
608 Dole Tropical Fruit Cup
752 Fruit Punch Juice
Pre-K: 339 Orange Cranberry Muffin

304 Cinnamon Bagelfuls **6**
670 Fresh Fruit
750 Apple Juice
Pre-K: 330 Blueberry Muffin

328 Chocolate Chip Muffin **7**
696 Raisins
748 Grape Juice
Pre-K: 342 Cheerios

350 Apple Cinnamon Cheerios Cereal **1**
Bar
752 Fruit Punch Juice
697 Bagged Sliced Apples
Pre-K: 330 Blueberry Muffin

367 Cinnamon Raisin Bagel **8**
670 Fresh Fruit
753 Orange Juice
Pre-K: 332 Apple Cinnamon Muffin

336 Pillsbury Strawberry Mini Pancakes **11**
670 Fresh Fruit
752 Fruit Punch Juice
Pre-K: 349 Corn Chex Cereal

309 Apple Jammer Stick **12**
670 Fresh Fruit
749 Apple-Cherry Juice
Pre-K: 330 Blueberry Muffin

319 Orange Cranberry Muffin **13**
658 Dried Fruit Blend
753 Orange Juice
Pre-K: 343 Rice Chex Cereal

334 Cinnamon Toast Crunch Cereal **14**
612 Bagged Apples & Grapes
750 Apple Juice
Pre-K: 331 Corn Muffin

322 Blueberry Muffin **15**
670 Fresh Fruit
748 Grape Juice
Pre-K: 366 Blueberry Bagel

School Holiday **18**

369 Pillsbury Berry Blast Mini French Toast **19**
696 Raisins
752 Fruit Punch Juice
Pre-K: 335 Banana Muffin

334 Cinnamon Toast Crunch Cereal **20**
670 Fresh Fruit
750 Apple Juice
Pre-K: 339 Orange Cranberry Muffin

329 Trix Cereal Bar **21**
670 Fresh Fruit
753 Orange Juice
Pre-K: 339 Orange Cranberry Muffin

308 Strawberry Mini Bagel **22**
684 Mixed Berry Applesauce
658 Dried Fruit Blend
Pre-K 345 Honey Scooters

328 Chocolate Chip Muffin **25**
670 Fresh Fruit
752 Fruit Punch Juice
Pre-K: 332 Apple Cinnamon Muffin

362 Raisin Bran Cereal **26**
670 Fresh Fruit
749 Apple-Cherry Juice
Pre-K: 342 Cheerios

304 Cinnamon Bagelfuls **27**
608 Dole Tropical Fruit Cup
750 Apple Juice
Pre-K: 367 Cinnamon Raisin Bagel

315 Apple Cinnamon Toast **28**
670 Fresh Fruit
753 Orange Juice
Pre-K: 343 Rice Chex Cereal

350 Apple Cinnamon Cheerios Cereal **1**
697 Bagged Sliced Apples
752 Fruit Punch Juice
Pre-k: 330 Blueberry Muffin

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.

Pre-K students receive one serving of fruit, no juice, and only unflavored milk at breakfast.

