SACRED HEART CHURCH

627 12th Street, Alva, OK 73717 Office: 580-327-0339 www.sacredheartalva.org Fax: 580-327-0710 *In case of medical or other emergencies:* 580-327-8223

Our Mother of Mercy Church, Waynoka

St. Cornelius Church, Cherokee

Pastor: Rev. Fr. Cory D. Stanley fr.cory.stanley@gmail.com Deacon: Mr. Gary C. Means

Deacon: Mr. Roy Callison—918-822-3255 deaconcallison@sacredheartalva.org

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For bulletin entries please e-mail the secretary at **office@sacredheartalva.org** or leave a message at the parish office.

Bulletin deadline Tuesdays at 9:00 a.m.

Herb Needed: **Snacks & Dinnels**

If you could assist our Religious Education Staff by providing a heavy snack (or light dinner) for the students who attend our Wednesday evening classes, please call Melinda Barton at 580-430-1572 or email her at mbarton@cneconnect.com to sign up for an open date. We serve 40-50 each week. Suggested food items include: sandwiches, nachos, corn dogs, etc.. If you are unable to cook, the donations of groceries which we would then prepare, as well as cash donations for meals, would also be kindly

Oklahoma Healthy Aging Initiative

To join a free program which helps older adults and their caregivers integrate better nutrition and simple exercise into their lives, contact Maricela at 1-405-271-6424. This group will meet on Mondays from 1 until 2 pm between February 2nd and April 13th at the Alva Public Library.

Mínísters - February 1, 2015

Alva

Rosary: Pat Cook Lector: Tim Ohm

Coffee & Donuts: Annette Schwerdtfeger

Servers: Julie O., Tara O.
Usher: Sarita Simon

Gifts: The Jeff Owen Family

Cherokee:

Lector: Mary Austin
Usher: John Austin

Gifts: The Castro Family

Waynoka:

Lector: Jordan Taylor
Usher: Larry Ball

Marriage

If you are engaged or preparing for the Sacrament of Marriage within the next year, please contact Fr. Stanley as soon as possible to begin speaking about the "Marriage Preparation" process. It is never too early to have the first meeting with the priest, even if the subsequent meetings are months away. This meeting is necessary in order to set the date of the wedding.

Convalidations

If you or your spouse were Catholic at the time of your marriage and did not work together with a Catholic priest or deacon to be prepared for the Sacrament of Marriage, if you have not yet done so, you need to have your marriage convalidated (or as it is often said "blessed by the Church"). This is a very simple process, and it costs nothing. Please contact Fr. Stanley for more information.

<u>Annulments</u>

If you are now Catholic and are divorced and remarried (or even just dating after a divorce), your previous marriage needs to be annulled - even if you were not yet Catholic at the time of that previous marriage. Please contact Fr. Stanley to ask questions about or to begin this simple and free process. This process is composed of filling out and submitting a small amount of paperwork (sometimes this includes a questionnaire). After those papers are submitted, your part of the work is finished. Once submitted, it takes anywhere from a few weeks to a few months for the process to be completed.

RCIA Instruction to "Become Catholic"

If you are interested in joining the Catholic Church or would like to learn more about what it means to be a Catholic, please contact Fr. Stanley by phone or by email.

Baptismal Seminars

If you need to have one of your children baptized (even if the child is not yet born) or if you desire to be the Godparent for a family member or friend who is being baptized, please contact Fr. Stanley to set up a one-hour baptismal seminar.

Confirmation

If you are a Catholic and for some reason have not received the Sacrament of Confirmation, please contact Fr. Stanley to arrange for that to take place in the upcoming months.



WEEKEND COLLECTIONS

	Sacred Heart	St. Cornelius	Our Mother of Mercy
Weekly Budget	\$1,260.00	\$340.00	\$260.00
Collection	\$1,291.71	\$583.00	\$239.00
Over/Under	+\$31.71	+\$243.00	-\$21.00
Good Samaritan	\$682.76		
Building Fund			

Liturgical Schedule

The Third Week in Ordinary Time

Saturday, January 24

3:30 pm: Sacrament of Confession

4:00 pm: Mass, Waynoka "For the People"

Sunday, January 25

8:15 am: Sacrament of Confession

9:00 am: Mass, Alva for Kent Hoffman

11:20 am: Sacrament of Confession, Cherokee

12:00 noon: Mass, Cherokee for +Rev. M. Seymour

Monday, January 26

No Mass

Tuesday, January 27

No Mass or Confessions:

Fr. Stanley attending Priest Conference

Wednesday, January 28

12:00 Noon: Mass, Alva

6:30 pm: Holy Hour with Benediction, Cherokee

Thursday, January 29

8:00 am: Mass, Alva for +Kim Pribble

Friday, January 30

8:00 am: Mass, Alva for The Bittle Family

The Fourth Week in Ordinary Time

Saturday, January 31

3:30 pm: Sacrament of Confession

4:00 pm: Mass, Waynoka for +Frank & +Anna Podest

Sunday, February 1

8:15 am: Sacrament of Confession

9:00 am: Mass, Alva

11:20 am: Sacrament of Confession, Cherokee

12:00 noon: Mass, Cherokee for +Frank & +Anna Podest

The Holy Rosary is prayed before Mass on the first and third Sundays of the month in Alva and every Sunday before Mass in Cherokee.

Please pray for:

Michael Arebalo, Maria Morris, Kathy Pierce, Tracy Lundy, Kyle Hadwiger, Alfreda White, John Selfridge, Tammy Brown, Gary Kilian, Mary Ellen Turner, Glenn Schlarb, Deacon Gary Means, Louise Ewing, Mike Ewing, Kim Pribble, Deloris Kilian, Donovan Reichenberger, LaUna Levings, Ruby Kaczor, Wesley Mervine, Fred Isenbart, Sr., Frank Lavery, Rev. Lawrence & his parishioners.

The Pastor's Column

Beginning on Monday, January 12 our Holy Father Pope Francis spent several days both in Sri Lanka and in the Philippines. Upon arriving in the Philippines he celebrated Holy Mass with the local clergy and religious and early that evening he met with families. He spoke at first in English, but admitting to them that his English is not so great, he then spoke in his native language, Spanish, with a translator (cf. http://goo.gl/FN1Urx).

His Holiness held up Saint Joseph as a faithful intercessor for families and exhorted them to draw close to him. If we want to encounter Saint Joseph in the Bible, the first chapters of Holy Gospel of Saint Matthew is the privileged place to do so. Matthew's Gospel the events and details of the Holy Family's life during our Lord Jesus' first days (both in Saint Mary's holy womb and his infancy) were clearly provided by Joseph himself. Similarly, Saint Luke's Holy Gospel similarly is filled with an account which must have been passed on to Luke from very lips and heart of Saint Mary (cf. Pope Benedict XVI, The Infancy Narratives: Jesus of Nazareth, pp. 16, 38). Don't be afraid to open your Bibles as a family and to Scripture at home. This week, you might try to read from Matthew 1:18ff (which means beginning in chapter 1 with verse 18 and those following verses) and Luke 1:26ff.

Among many things, **Pope Francis exhorted families to pray together.** He spoke about how prayer is "resting with the Lord".

In our families we have to strive to be intentionally Christian, intentionally Catholic. A beautiful way to do this is to pray the Rosary together, even if you begin this practice by praying only a Decade of it together at once. In this bulletin you will find a simple guide on "How to Lead Others in a Decade of the Holy Rosary". This I hope will allow you to courageously begin integrating this tradition into the life of your family. I did not grow up praying the Rosary with my family, in fact it is no secret that many of us did not! Let's not allow another generation to grow up in families that did not pray together in the home. As Pope Francis said this last week, quoting the adage we all know, "The family that prays together stays together!"

Sincerely in Christ,

"The future of humanity passes by way of the family."

- Saint John Paul II

Let us pray for the strength of our families!

(Apostolic Exhortation, Familiaris Consortio, n. 86).

http://goo.gl/WFUF4t

Pope Pius XII on Confessing Venial Sins

Encyclical on the Mystical Body of Christ June 29, 1943 Available online: http://goo.gl/KRp9zz

[To] ensure more rapid progress day by day in the path of virtue, We will that the pious practice of frequent confession, which was introduced into the Church by the inspiration of the Holy spirit, should be earnestly advocated. By it genuine selfknowledge is increased, Christian humility grows, bad habits are corrected, spiritual neglect and tepidity are resisted, the conscience is purified, the will strengthened, a salutary self-control is attained, and grace is increased in virtue of the Sacrament itself. Let those, therefore, among the younger clergy who make light of or lessen esteem for frequent confession realize that what they are doing is alien to the Spirit of Christ and disastrous for the Mystical Body of our Savior. (n. 88)

Pope Francis Speaks to Families

Meeting with Families Address of His Holiness Pope Francis Mall of Asia Arena, Manila Friday, 16 January 2015

Available online: http://goo.gl/FN1Urx

Rest is so necessary for the health of our minds and bodies, and often so difficult to achieve due to the many demands placed on us. But rest is also essential for our spiritual health, so that we can hear God's voice and understand what he asks of us. Joseph was chosen by God to be the foster father of Jesus and the husband of Mary. As Christians, you too are called, like Joseph, to make a home for Jesus. To make a home for Jesus! You make a home for him in your hearts, your families, your parishes and your communities.

To hear and accept God's call, to make a home for Jesus, you must be able to rest in the Lord. You must make time each day to rest in the Lord, to pray. To pray is to rest in the Lord. But you may say to me: Holy Father, I know that; I want to pray, but there is so much work to do! I must care for my children; I have chores in the home; I am too tired even to sleep well. I know. This may be true, but if we do not pray, we will not know the most important thing of all: God's will for us. And for all our activity, our busy-ness, without prayer we will accomplish very little.

Resting in prayer is especially important for families. It is in the family that we first learn how to pray. Don't forget: the family that prays together stays together! This is important. There we come to know God, to grow into men and women of faith, to see ourselves as members of God's greater family, the Church. In the family we learn how to love, to forgive, to be generous and open, not closed and selfish. We learn to move beyond our own needs, to encounter others and share our lives with them. That is why it is so important to pray as a family! So important! That is why families are so important in God's plan for the Church! To rest in the Lord is to pray. To pray together as a family.

(To read more, use the link at the top of this excerpt.)

Scripture Challenge

Get to know the Holy Family in both **Matthew 1:18ff** and **Luke 1:26ff** this week!

Available online: http://goo.gl/veV7ba

"How to Lead Others in a Decade of the Holy Rosary"

Often our traditional prayers are divided with the first part being spoken by the Leader, and the second part being said by those joining in the prayer. This might be good to explain before beginning. Below, the second part is following the "R" which means "Response". In this example below, we'll pray the "Joyful Mysteries" because they are the Mysteries of the Rosary which have us encounter the Holy Family.

Ask the others joining in prayer, "for whom shall we pray this Decade of the Holy Rosary?" This will give everyone to name loved ones (both living and deceased) for whom these simple prayers will be offered.

<u>Leader</u>: Let us pray this Decade of the Holy Rosary, meditating on the Joyful Mystery of the Annunciation. Both Saint Mary and Saint Joseph learned through the words of an angel that God desired to send his eternal Son into the world and that He would be born, named Jesus, and raised in their very home. In the Name of the Father, and of the Son, and of the Holy Spirit.

R: Amen.

<u>Leader</u>: Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come,

Thy will be done on earth as it is in Heaven.

R: Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

<u>Leader</u>: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among[st] women, and blessed is the fruit of thy womb, Jesus.

<u>R</u>: Holy Mary, Mother of God, pray for us sinners, now and at the hour of death. Amen.

[<u>Leader</u> now repeats the first lines of the "Hail Mary" 9 more times, allowing the others to respond, beginning with the words "Holy Mary".]

<u>Leader</u>: Glory be to the Father, and to the Son, and to the Holy Spirit.

<u>R</u>: As it was in the beginning, is now, and ever shall be, world without end. Amen.

Leader: O my Jesus,

<u>R [together with Leader]</u>: forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those most in need of Thy mercy.

<u>Leader</u>: In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.