



# Sacred Heart Catholic Church

2508 Appleby Sand Road · Nacogdoches, Texas 75965

**Office:** (936) 564 7807 · **Rectory:** (936) 564 7134

**Website:** [www.sacredheartnac.org](http://www.sacredheartnac.org)

*“Bringing the Eucharistic Lord to all people by living the gospel message”*

## Pastor

Very Rev. Christopher Ruggles, JCL, VF,

PASTOR & DEAN

[frruggles@gmail.com](mailto:frruggles@gmail.com)

## Parochial Vicar

Rev. John Henao, STL

[fr.jhenao@gmail.com](mailto:fr.jhenao@gmail.com)

## Office Administrator

Gricelda Monreal

[shofficenac@gmail.com](mailto:shofficenac@gmail.com)

## Deacons

Dcn. Luis Baca

Dcn. Gary Giese

Dcn. John Shaffer

Dcn. Tony Weatherford

## Office Extensions

Fr. Ruggles: 106

Fr. John: 103

Gricelda: 101

Kathy: 102

Dcn. Garry: 104

## St. Patrick School

(936) 634 6719



## Mass Schedule

Monday, Tuesday, Wednesday 6:00 PM (Chapel)

Thursday 7:00 AM (Chapel)

Thursday 6:00 PM –Spanish– (Church)

Friday 7:00 AM (Mother Church)

## Sacrament of Reconciliation

Saturdays, 4:15 to 4:45 PM

Following Wedday Masses Or by Appointment

## Adoration of the Most Blessed Sacrament

The First Friday of Each Month (Mother Church)

Adoration: 7:30 AM—12:30 PM

Mass at 7:00 AM & 6:00 PM

## The Alliance of the Two Hearts Communion of Reparation Vigil

is the First Friday Devotion to the Sacred Heart of Jesus  
and the First Saturday Devotion to the Immaculate Heart of Mary.

## Sixth Sunday in Ordinary Time: February 12, 2017

### Mass Schedule & Intentions for the Week

SATURDAY, February 11  
5:00 P.M.: † Steve & Evelyn Sabo

SUNDAY, February 12  
8:30 A.M.: † Teresa Bryan  
10:30 A.M.: † Patrick Ebarb  
12:15 P.M.: Spanish: † J. Guadalupe de Lira  
Martinez

MONDAY, February 13  
6:00 P.M.: Spec. Int. Blake Caussons-  
Birthday

TUESDAY, February 14  
6:00 P.M.: Strength & Healing Vanasa Cates

WEDNESDAY, February 15  
6:00 P.M.: Intention of Laura Queen

THURSDAY, February 16  
7:00 A.M.: Spec. Int., Adrian Louviere  
6:00 P.M.: Spanish: † J. Guadalupe de Lira  
Martinez

FRIDAY, February 17  
7:00 A.M.: † Michael Hartnett

SATURDAY, February 18  
5:00 P.M.: Spec. Int., Fr. Brian Zarsky-  
Birthday

SUNDAY, February 19  
8:30 A.M.: Intention of Teresa Darby  
10:30 A.M.: Spec. Int. Greg & Marleyna  
Dinan, Anniversary  
12:15 P.M.: Spanish: † J. Guadalupe de Lira  
Martinez

### Weekly Offering February 5, 2017

Parish Offertory: \$ 8328.50  
Building & Renovation Fund: \$ 811.91

#### Second Collections for February

12th - Catholic Schools Sp. Collection  
19th - School  
26th - Black & Indian Mission

### Bishop's Annual Appeal

This week you will be receiving an invitation in the mail from the Bishop to participate in the 2017 Bishop's Annual Appeal. This invitation is a chance for you to make a difference in the Church, right here in East Texas, by helping to provide our seminarians with quality education and faith formation, to serve others in rural missions and parishes, and to help families remain strong and united in the midst of today's culture. Please pray fervently about this invitation and how God might be calling you to courageously say 'yes' in your generosity and support.

### Middle-School Youth Retreat

Feb 18-19 at The Pines Catholic Camp near Big Sandy (300 White Pine Rd, Big Sandy TX). The weekend will include a zip line, ropes course, sports, Mass, and adoration. Cost is \$110 per student and \$55 per adult. Only 60 student spots are available.

For information,  
see the Youth Evangelization website.

### World Marriage Day Anniversary Mass

On Saturday, February 11, 2017, at 2:00 PM, Bishop Strickland celebrated a World Marriage Day Anniversary Mass at the Cathedral of the Immaculate Conception for Couples celebrating 5,10,15,20,25,30,35,40,45,50, and 55 or more years of marriage in 2017. Thank you and congratulations.

### Interested in Learning about the Catholic Faith?

You are invited to join us on Wednesdays in Margil Center to learn more about the Catholic Faith. For information contact Meriah Wright, 936-371-1033 or [sacredheartnac.com](http://sacredheartnac.com)

**February 15:** Social Justice  
**February 22:** Meaning of Lent

## Sacred Heart Food Pantry

Our food pantry is open the second Tuesday of each month from 9am to 12 Noon. All monetary support is appreciated & special envelopes are now available in the vestibule for your support.

## Online Donations

**ONLINE DONATIONS:** We are excited to announce that Sacred Heart now accepts one-time and recurring donations conveniently from our website! You can make your secure donation via electronic check or debit/credit card by simply:

1. Going to [<http://sacredheartnac.org/>] using any device
2. Choose One-time or Recurring donation
3. Select your preferred form of payment (electronic check or debit/credit card)
4. Enter your information
5. Submit your donation

## Choose

“If you choose you can keep the commandments,” Sirach tells us. God “has set before you fire and water; to whichever you choose, stretch forth your hand” (Sirach 15:15, 16). This is a great mystery: God does not control us so completely that we cannot choose our own path. We have certain boundaries, of course, but no one but we can choose our way within those boundaries.

In today’s reading from Matthew’s Gospel, Jesus reminds us of our freedom and our responsibility for our lives. He calls us to look beyond the words of the commandments, all the way to their meaning. Look beyond the adultery to the selfishness that poisons our love. Look beyond the murder to the anger that eats away at our compassion. Look beyond the perjured testimony to the lies and deception that drive our behavior.

Our vocation is to choose life for ourselves, and to choose a path through our part of the world that helps make life possible and more abundant for others as well.

## Faith Formation Class Schedule

Class begins with Mass at 6:00 p.m.  
Class ends at 7:45  
**Sunday, February 12th, 19th, 26th**  
**Wednesday, February 15th and 22nd**

## S.H.O.C.K.

### Sacred Heart Outstanding Catholic Kids

Wednesday nights from 6:45-8:30 pm. Around 50 middle & high school youth are coming to the “Upper Room” to have fun & fellowship! All 6th-12th grade youth are invited to join in on the fun. For questions please contact Rebecca at [rebecca-higgins@sbcglobal.net](mailto:rebecca-higgins@sbcglobal.net)

**Rally** (middle school retreat) Sat.-Sun.,  
February 18-19. Taking registrations now.

**February:** SHOCK will make valentines for the elderly and visit Willowbrook Nursing Home once again.

If you can drive or help in any way please Contact Rebecca, 936-715-5359

## Green and Gold Gala

The students at Patrick’s School would appreciate your support for our school. As you may know, our Green and Gold Gala is coming up Friday, February 24, and we are in need of silent auction items as well as sponsors and folks to attend. We are asking parishioners if they can donate an item for the auction to contact the school at 936-634-6719. If you would like to sponsor or attend, you may contact the school office or visit <http://stpatricklufkin.com/gala>. We would love to have representatives of our your Parish at the Gala. It is a fun evening out and a great way to support Catholic Education in East Texas. We are proud to recognize the Parish of Sacred Heart in Nacogdoches for their Bronze Sponsorship. Thank you for all your continued support!

## Promesa al Obispo 2017

Esta semana, recibirían una invitación de Obispo para que participen en la Promesa al Obispo 2017.

Esta invitación es una oportunidad para que usted haga una diferencia en la Iglesia, aquí en el Este de Tejas, ayudando a proporcionar a nuestros seminaristas con una educación y formación de calidad, para servir a otros en las misiones y parroquias rurales, y ayudando a familias permanecer fuertes y unidas en medio de las culturas de hoy en día.

Por favor, reflejen en oración sobre esta invitación y en como Dios puede estar llamándoos para decir "Si" en generosidad y en apoyo.

## Bautismos en Español

**Bautismos en español:** Las clases pre-bautismales son el **segundo y cuarto viernes** del mes a las 7:00 pm y deben asistir los padres y padrinos.

Es necesario presentar una copia del acta de nacimiento del niño(a). Los padrinos si son esposos, deben de estar casados por la Iglesia o tener fecha para celebrar el matrimonio.

Después de los 7 años, los niños(as) deben tener una preparación especial antes del Bautismo (RICA).

**Si no cumplen con alguno de los anteriores requisitos deben hablar personalmente con el sacerdote.**

Los bautismos se celebraran el **primer y tercer sábado** del mes.

Para mayor información comunicarse a la oficina con el Rev. John Henao y/o con la Sra. Sara Calderón at (936) 645-0770.

## Formación en la Fe

Las clases de catequesis son los jueves comenzando con la Santa Misa a las 6:00 pm y terminan a las 8:00 pm. Y los domingos a las 10:30 am y terminan a las 11:30 am siguiendo con la Santa Misa a las 12:15 pm.

**Jueves: 16, 23 de febrero**  
**Domingo: 19, 26 de febrero**

## Caballeros de Cristo

Se les invita a todos los caballeros mayores de 21 años que estén interesado a ser parte de un grupo de hombres católicos. Para mayor información comunicarse a la oficina con el Rev. John Henao. Las juntas serán cada martes en el salón doble con el Padre John alas 7:00 pm.

## Lectores y Ministros

Se les pide que por favor le informen al Sr. Serafín Arreola o al Sr. Sergio Monreal cuando encuentren su reemplazo para servir por usted. Si usted no podrá servir en su fecha asignada. La próxima junta será el 12 de marzo después de misa a la 1:30pm.

## Grupo de Oración

Reunión los viernes a las 7:00pm en el salón doble, 14-15, solo el primer viernes de mes la reunión es en la Capilla pequeña.

## Cursillistas

Reunión los Lunes, Comenzando con la Santa Eucaristía a las 6:00 pm.

## THE STRATEGIES OF SATAN, PART 1: THE "JEZEBEL" TACTIC FATHER ROBERT MCTEIGUE, SJ

First in a series on spiritual warfare: The satanic attack that exploits our fear, lust, wounds and lukewarmness. "But I have this against you, that you tolerate the woman Jezebel..." (Rev. 2:20) "Jezebel" is a name that is reviled throughout Scripture and Christian history. Parents would no more name their child "Jezebel" than they would name their child "Judas Iscariot." We see her as an idolater queen in Israel in 1 Kings and 2 Kings, and we see her name denounced as a false and seducing prophetess in the Book of Revelation. What does she represent? Beyond her historical identity in ancient Israel, Jezebel has come to be known as an "archetype," that is, as a model or standard, of wickedness — specifically: seduction, manipulation, idolatry and murder. She represents a hatred of authentic prophecy and religious authority. As such, "Jezebel" is a human name for a satanic strategy — a strategy that depends on our fear, lust, weakness and lukewarmness to succeed. Studying that strategy, noting where, how and why it works, is the first step towards overcoming that evil design.

Saint Ignatius Loyola, calling Satan "the enemy of our human nature," compares him to a general preparing to lay siege to a fortress. The general attacks on the weakest side. Likewise, Satan "...studies from all sides our theological, cardinal and moral virtues. Wherever he finds us weakest and most in need regarding our eternal salvation, there he attacks and tries to take us by storm."

Satan deploys the Jezebel strategy similarly, looking particularly for emotional wounds that can afford entry into our soul. The Jezebel strategy uses seduction and manipulation against the weak and doubting, techniques that are ineffective against the strong and obedient. In other words, when our pain is allowed to sour into self-pity, the Jezebel strategy is ready to go to work.

Alcoholics Anonymous knows this. Their quip against self-pity describes the process accurately: "Poor me! Poor me! Pour me another drink!" (Alternatively: "If you had a life like mine, you'd drink too!") The Jezebel strategy will dry your tears and kiss your bruises; the next step is to take you by the hand and lead you to where you should not go. What can we learn from all this? Everyone is wounded. We cannot afford to let our spiritual wounds become infected. We mustn't let our wounds fester into the fever of resentment and self-pity. If we're not vigilant, we leave an opening for the Jezebel strategy to gain entrance. If we don't resist the seductions and manipulations of Jezebel with boldness and holy obedience, then, Saint Ignatius Loyola warns, "...no wild beast on earth is more fierce than the enemy of our human nature as he pursues his evil intention with ever increasing malice."

The Jezebel strategy will dry your tears and kiss your bruises; the next step is to take you by the hand and lead you to where you should not go.

Holiness, humility and healing are intertwined. Our weaknesses and wounds can be stumbling blocks on our path to holiness. We must have the humility to admit our need before the Lord and ask for his healing. If we repent of our sin without asking our Lord for healing, we'll commit the same sins repeatedly. Repenting without getting healing for those wounds which are the roots of sin is like trimming the tops of weeds and then becoming surprised that the weeds grow back. Sin more easily takes root in places where our hearts have been wounded. If we want to be free of our habitual sins, we must find healing for our hearts. We can't receive healing if we don't ask for it. The first step for the healing of our hearts, essential as a remedy for sin, is to look at the crucified Lord and then to see and name our wounds so that we may offer them to him.

There is another step, one which is often overlooked. The wounds in our souls must be filled in with goodness, virtue and grace. Therefore, repentance, real conversion, true transformation in Christ, is a matter of holy desire. It's a matter of body, soul, commitment, will, mind, grace and blood. Any other account of conversion is a fantasy, an attempt to still play at being sinners, who can only play at being saved. The Jezebel strategy would rob us of our holy desires, and set our hearts upon the false promises of murderous idols.

This week, read through 1 Kings and 2 Kings. Take note of how the person of Jezebel is the embodiment of the satanic Jezebel strategy. Then meditate on the terrifying imagery of the Lord's punishment for the followers of Jezebel in Revelations 2. Jesus says that we must be as shrewd as serpents and as innocent as doves. (Matthew 10:16) Only then can we complete our task, which is both to resist the Jezebel strategy, and then to *defeat* it. I will be writing more about that in the coming weeks.

When I write next, I will speak of another satanic strategy that works hand-in-glove with the Jezebel strategy. Until then, let's keep each other in prayer.

## 10 MITOS SOBRE EL MATRIMONIO QUE LLEVAN A LA DECEPCIÓN, LA INSATISFACCIÓN Y LA RUPTURA DE LA PAREJA (**Segunda Parte**)

El amor de pareja es como una flor delicada que hay que cuidar... y evitar mitos dañinos, que desaniman. En 1988 el sociólogo estadounidense Jeffrey H. Larson publicó "The Marriage Quiz" ("La encuesta del matrimonio: las creencias de los estudiantes universitarios sobre algunos mitos del matrimonio"). En este libro, a partir de diversos estudios, mostraba que muchos matrimonios se rompían o eran más infelices de lo que cabría esperar porque los jóvenes se casaban con una serie de expectativas no realistas que, al no cumplirse, consideraban señales de desastre y causas para desistir del esfuerzo que significa convivir. Eran "razones para desertar". Razones malas, razones irracionales... pero que culturalmente consideraban que prácticamente les obligaban a romper su familia, o a desistir de intentar mejorarla.

Los años han ido reforzando las tesis de J.H. Larson y otros libros y estudios lo han constatado ampliándolo a otros ámbitos. Así, se ha publicado el ensayo Las creencias de la pareja sobre el matrimonio, volverse a casar y ser padres (Universidad de Tennessee), de Susan Alford Carter, El apoyo de los mitos sobre el matrimonio de los terapeutas familiares, de Benjamin E. Caldwell y Scott R. Woolley, o los trabajos de D. Popenoe. Todos ellos recogen y denuncian esas ideas derrotistas, "pro-divorcio" y "pro-ruptura", tan dañinas como extendidas. Aunque se trata de datos recogidos en Estados Unidos, en otros países con divorcio extendido no deben ser muy distintas.

### 6. "Mi marido no se adapta a mis costumbres: terminaremos rompiendo"

Cada pareja es un mundo, pero los estudios demuestran que es más frecuente que sean las mujeres las que cambien de costumbres para adaptarse a diversas circunstancias de sus maridos. De todas formas, como tantos otros temas, la pareja debe hablarlo y solucionarlo, no romper.

### 7. "Se enfada cuando le digo todo lo que pienso sobre sus hábitos, aficiones, cosas, aspecto... Vamos a romper"

Un mito que creen muchos es que "mi pareja ha de saber todo, todo, todo lo que pienso de ella". La realidad es que demasiada sinceridad no solicitada en vez de ser edificante puede ser desestabilizadora. Una pareja funciona mejor insistiendo en resaltar lo que nos gusta del otro, hacer muchos más comentarios positivos y limitar mucho los negativos.

### 8. "Se nos va el romanticismo, la pasión... tendremos que romper"

El romanticismo acaba desapareciendo tarde o temprano, pero ello no significa que la relación este destinada al fracaso. Cuando éste desaparece hay que luchar por mantener otros valores como el compromiso, el cariño, la complicidad, el compañerismo, la acción y proyectos conjuntos y otras mil cosas compartidas por dos que se aman.

### 9. "Tenemos que acostarnos juntos, o vivir juntos, antes de casarnos, para ver si somos compatibles"

No hay ningún estudio en ningún país, después de décadas de investigación, que demuestre esto, que relacione el sexo prematrimonial o el vivir juntos antes de casarse con mejores matrimonios. Por el contrario, hay infinidad de estudios en numerosos países, todos en la misma dirección: el sexo prematrimonial y la cohabitación o irse a vivir juntos sin casarse aumenta (y mucho) las posibilidades de divorcio.

### 10. "Si ella trabaja fuera de casa, toda esa familia se hundirá"

Chesterton comentaba que la mujer "emancipada" sustituía los mandatos de su marido (que le amaba y amaba el hogar común) por los del jefe (que no la ama a ella ni a su hogar). Pero estadísticamente no parece haber relación entre que la esposa trabaje fuera de casa y el éxito matrimonial. Esto es un tema que cada matrimonio debe gestionar según sus valores, deseos, posibilidades económicas, vocación, etc... Además, en el siglo XXI hay muchos grados de "trabajo en casa" (con internet, etc...) y de hecho el peligro es que ambos cónyuges estén "secuestrados" por su trabajo en su propio hogar.

## PARISH INFORMATION

- \***Ethics:** To report abuse, call Rev. Gavin Vaverek, JCL at 903-266-2159; For more information go to [www.dioceseoftyler.org/Ethics](http://www.dioceseoftyler.org/Ethics). **Local Contact Person:** Jorge Cuarenta, 936-554-8050.
- \***Adoration:** Adoration is the 1st Friday of the month, 7:30 AM to 12:30 PM with Benediction in the Little Church of 1847.
- \***Baptism Classes:** Baptism Class is held the last Tuesday of the month at 7 pm in the Library and is required for Parents and Godparents. Please call the church office to register for the class or if you have any questions, 564-7807.
- \***Pre-Registration and a copy of the Birth Certificate are required. Baptisms** are scheduled for the first Saturday of each month following the 5:00 pm Mass.
- \***Weddings:** Diocesan policy requires a six-month preparation period. Arrangements must be made with the Pastor or Parochial Vicar before setting a date.
- \***New Parishioners:** Welcome! Please introduce yourself to Father after Mass. Registration forms are available on the shelf unit in the vestibule.
- \***Hospital Patients and Shut-Ins:** If you know of someone in the hospital or someone who is homebound, please call the office, 564-7807, or one of the priests at 564-7134. If the person is in the hospital, please leave the name of the hospital, the persons name & room number as the hospital cannot give out this information.
- \***Loving Hearts:** A Lay Ministry to help with visitation to the homebound, nursing centers & hospitals. Contact Karen Davis, 554-2589 or Carrie Ventura, 554-3414 with information so a time to visit/Holy Eucharist can be arranged.
- \***Corazones Amorosos** - Si tienen miembros de la familia en el hospital o en casa, y no pueden venir a misa, llamen Joan McNett, 936-645-0794 o Veronica Baca, 936-556-8638. Si gustarian participar en el ministro y visitar a los ancianos o los enfermos en casa o hospital llamen a Joan o Veronica.
- \***Third Age Club:** Meets 2nd Wednesday of the month at 12 Noon in Margil Center, President: Phil Eby, (936) 715-0053
- \***Ladies Guild:** Meets the 3rd Monday of the month at 7pm in the Library. **President:** Kathy McMillen, (936) 585-0680
- \***Teams of Our Lady:** Married couples prayer group & book study. Contact Rebecca Higgins, (936) 715-5359
- \***Knights of Columbus Council** meets the second Tuesday of the month at 7:30 pm in Margil; **4th Degree** meets the third Wednesday of the month at 7 pm in Margil Center: **Grand Knight:** Steve McMillen - (936) 371-3313
- \***Prayer Line:** Anne Derfus, 564-0419 or email to: [annederfus@att.net](mailto:annederfus@att.net)
- \***SHOCK:** High school & middle school youth meet Wednesdays from 6:45-8:30pm in gym. Rebecca Higgins 715-5359
- \***Bulletin Deadline** is 10 am on Wednesda