



# Sacred Heart Catholic Church

Diocese of Tyler

2508 Appleby Sand Road · Nacogdoches, Texas 75965

**Office:** (936) 564 7807 · **Rectory:** (936) 564-7134

**Website:** [www.sacredheartnac.org](http://www.sacredheartnac.org)

*“Bringing the Eucharistic Lord to all people by living the gospel message”*

## Pastor

Very Rev. Christopher Ruggles, JCL, VF

PASTOR & DEAN  
frruggles@gmail.com

## Parochial Vicar

Rev. John Henao, STL  
fr.jhenao@gmail.com

## Office Administrator

Gricelda Monreal  
shofficenac@gmail.com

## Director of Lifelong Faith Formation

Phillip Smith  
shdlffnac@gmail.com

## Office Extensions

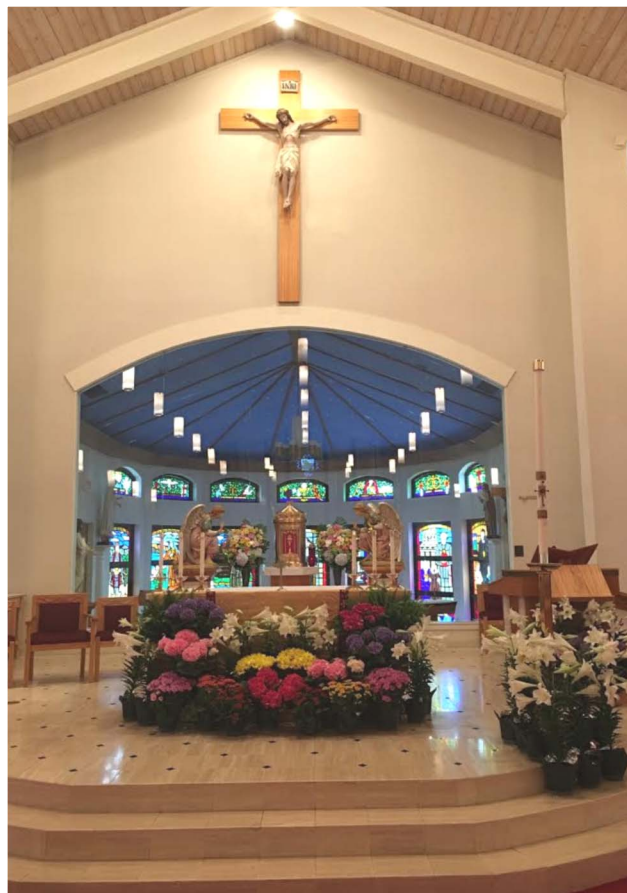
Fr. Ruggles: 106  
Fr. John: 103  
Gricelda: 101  
Phillip: 104

## St. Patrick's School

(936) 634 6719

## Deacons

Dcn. Luis Baca      Dcn. Tony Weatherford



## Mass Schedule

Sunday 8:30 AM & 10:30 AM (Church)  
Sunday 12:30 PM– Spanish- (Church)  
Monday, Tuesday, Thursday 7:00 AM (Chapel)  
Wednesday, (English) 6:00 PM (Church)  
Thursday, (Spanish) 6:00 PM (Church)  
Friday 7:00 AM (Mother Church)  
Saturday 5:00 PM (Church)

## Sacrament of Reconciliation

Saturdays, 4:15 to 4:45 PM  
Following Weekday Masses Or by Appointment

## Adoration of the Most Blessed Sacrament

The First Friday of Each Month (Mother Church)  
Adoration: 7:30 AM—12:30 PM & 6:30 PM—11:30 PM  
Mass at 7:00 AM (Mother Church) & 6:00 PM (Bilingual) (Church)

## The Alliance of the Two Hearts Communion of Reparation Vigil

The First Friday Devotion to the Sacred Heart of Jesus  
The First Saturday Devotion to the Immaculate Heart of Mary

Twenty-Third Sunday in Ordinary Time, Sunday, September 10, 2017

Mass Schedule & Intentions  
for the Week

FRIDAY, September 8  
7:00 A.M.: Spec. Int. Charlie & Mildred  
Muckleroy Families

SATURDAY, September 9  
5:00 P.M.: 45th Anniversary Margo &  
Mike Russell

SUNDAY, September 10  
8:30 A.M.: Spec. Int., Michael J.  
Russell, Jr.

10:30 A.M.: Int. of Joyce Zarsky  
12:30 P.M.: Spanish: Pro Populo

MONDAY, September 11  
7:00 A.M.: Spec. Int. Tammy Nguyen

TUESDAY, September 12  
7:00 A.M.: Benny Belanger 6th Birthday

WEDNESDAY, September 13  
6:00 P.M.: Spec. Int. Anthony Ho—  
Birthday

THURSDAY, September 14  
7:00 A.M.: Spec. Int. Margo Louviere  
Russell— Birthday  
6:00 P.M.: Spanish: † Ernestina Alvarado

FRIDAY, September 15  
7:00 A.M.: † Milagros Jacob—  
Anniversary of death

Weekly Offering  
Week of September 3, 2017

Parish Offertory: \$ 8624.00

Building & Renovation Fund: \$ 2052.00

**Second Collections for September**  
10th— Catholic University of America  
24th— St. Patrick's School

Please Pray for the Repose of the Souls of:

Francis Kimmons David Torres

Please Pray for those who are ill:

Mary Devine Judd McNett  
Delores Jones Charlotte Turner-  
Marie Kelly Claudia Wooddruff  
Bill Lujan

September 16- Fiesta of the Americas

Parish wide

**FIESTA OF THE AMERICAS.**

The **FIESTA** is approaching very fast! If you haven't bought tickets or sponsored one of our nine candidates: Kailey Higgins, Elanie Ironsmith, Sharmaine Sison, Andrea Castro, Vanessa Cruz, Dora Garcia, Areli Perez, Karen Perez, and Litz Reyes, do so. The girls are working very hard to be become our Queen, Princess, and Duchess.

The candidates are not in a beauty pageant or anything of that sort. They are raising money making our parish a functional environment to grow in faith. This will help form a place to develop and practice our catholic faith for generations to come. Our candidates will look back on day and know they had a huge part of the new Sacred Heart Catholic Church.



**Saturday, September 16-** We will initiate the festivities with the announcement of Queen, Princess and Duchess of the Americas. We will continue with a dance with DJ Savedra, in the gym, 7:00 pm- 12:00 am.

**Sunday, September 17th-** The fiesta continue with food, music, entertainment and much more starting at 10:00 am— ending at 5:00 pm. The announcement of the winners of the raffle tickets will be held at 4:00 pm.

Raffle tickets are 1-\$5, 3-\$10, 8- \$20, 20- \$40, or 60- \$100.

### Christmas extravaganza

Christmas extravaganza is just around the corner. It is planned for the first weekend in November. We would appreciate any like new or new items that you have and are willing to part with that could be offered in our sale. Gift items that you were not able to use, and any like new or new Christmas decorations, jewelry, furniture, quilts etc. are welcome. As always, with God's blessing, if we all work together it will be a success.

Please bring items Monday through Thursday 9 to 5 to Margil. Questions-- please call or see Gloria Durr or Jackie Cates

### 54-Day Novena

Bishop Joseph E. Strickland is calling on the clergy, religious, and lay faithful of the Diocese of Tyler to pray a 54-day Rosary Novena in support of his vision for a teaching diocese. The Novena will begin on Aug. 15, the Solemnity of the Assumption of the Blessed Virgin Mary, and continue until Oct. 7, the Memorial of Our Lady of the Rosary.

The 54-Day Rosary Novena consists of praying three novenas of the daily Rosary in petition for the first 27 days, followed immediately by praying three novenas of the daily Rosary in thanksgiving during the second 27 days, for a grand total of six Rosary novenas over the course of 54 days.

### Faith Formation

It's time to register for faith formation classes! We continue registrations this week for grades K-5. Sacraments schedule is as follows: Reconciliation in 2nd grade, First Communion in 3rd grade, and Confirmation in 5th grade. The cost of the program is \$40 per child with a maximum per family of \$100. Remember parents, when you register, you are also committing yourself to classes of your own on Wednesday and Mass attendance on Sundays.

WE ARE STILL IN NEED OF CATECHISTS for this upcoming year. A few dropped out and we are adding a grade. Please pray about whether God is calling you to this important ministry. Please contact Phillip Smith at 870-230-0284 or call the church office.

### 3rd Age Meeting

3rd Age will meet on Wednesday, September 13, at 12:00 in Margil Hall. **Please bring your favorite dish-** \$12 dues will be collected. We will introduce and install the new officers. Come and have a good time!

### Hurricane Harvey

A special collection will be taken up for the victims of Hurricane Harvey on Sunday, September 16-17, 2017.

### SHOCK

**Kick Off Party** this Wednesday, September 16- 6:45 - 8:30pm in the Upper Room  
Parents need to come in to complete registration forms. Teens be ready for some fun and learn what is in store for Shock this year.

### What does Shock do? Why should I go?

Shock is a time when you as a teen can hang out with friends and make new ones as we compete in games and activities, discuss our faith, and learn to become the best version of ourselves as God intended in a fun way. All teens in grades 6th - 12th are invited and encouraged to give Shock a try. Each night we will start with a simple dinner before we begin our activities. Shock begins after the 6pm Mass but I encourage all to attend Mass.

**Thank you** to the Shock teens who helped dig out the ground for the new stairs in the back parking lot. Your hard work is greatly appreciated.

Kailey Higgins, Juliana Vanzzini, Gianfranco Vanzzini, Katy Kiplinger, and Salma Zamora

### Child Care

We would like to offer childcare during adult faith formation, so any teens and/or adults who are interested, please contact Phillip.

16 de septiembre

## La fiesta de Independencia de las Américas

El Sábado, 16 de septiembre comenzaremos con el baile con el DJ Saavedra en el gimnasio de 7:00 PM– 12:00 AM. Esa misma noche se anunciará la ganadora de las candidatas.

El Domingo, 17 de septiembre de 10:30 am-5:00 pm tendremos kermes con entretenimiento para seguir con las festividades de la Independencia de las Américas con comida, música, y entretenimiento.

54 Días de Novena

La novena comenzará el 15 de agosto, solemnidad de la Asunción de la Virgen María, y continuará hasta el 7 de octubre, memoria de Nuestra Señora del Rosario.

Bautismos en Español

Las clases pre-bautismales son el **segundo** y **cuarto viernes** del mes a las 7:00 pm y deben asistir los padres y padrinos.

Es necesario presentar una copia del acta de nacimiento del niño (a). Los padrinos si son esposos, deben de estar casados por la Iglesia Católica o tener fecha para celebrar el matrimonio. Después de los 7 años, los niños (as) deben tener una preparación especial antes del Bautismo (RICA).

**Si no cumplen con alguno de los anteriores requisitos deben hablar personalmente con el sacerdote.** Los

bautismos se celebraran el **primer** y **tercer sábado** del mes. Es necesario registrarse en la oficina. Para mayor información comunicarse al 936-564-7807.

SHOCK

## Fiesta del comienzo de SHOCK

Sera este miércoles, 16 de septiembre - 6:45 - 8:30 pm en el *upper room*.

Los padres deben de presentarse para completar los formularios de inscripción.

### ¿Qué hace Shock?

### ¿Por qué debo ir?

SHOCK es un momento en que un adolescente, puede pasar el rato con amigos y hacer nuevos amigos. Como competir en juegos y actividades, discutir nuestra fe, y aprender a convertirse para ser una mejor versión de uno mismo, en una manera divertida.

Todos los adolescentes de los grados 6-12 grado están invitados a Shock.

Cada noche comenzaremos con una cena sencilla antes de comenzar nuestras actividades. SHOCK comienza después de la misa de 6pm cada miércoles.

Gracias a Kailey Higgins, Juliana Vanzzini, Gianfranco Vanzzini, Katy Kiplinger y Salma Zamora, los adolescentes de SHOCK que ayudaron a excavar el terreno para las nuevas escaleras en el estacionamiento de atrás. Su trabajo duro es muy apreciado.

Catecismo

Ya comenzaron las inscripciones del catecismo para su hijo/a para las clases de formación en la fe o catecismo para los grados K-5. Comenzara el domingo, 24 de septiembre con Reconciliación en segundo grado, Primer Comunión tercer grado, y Confirmación quinto grado.

El costo del programa es de \$40 por niño/a con un máximo por familia de \$100.

Recuerden padres, cuando esta registrando sus niños también se esta comprometiéndose para clases para usted los domingos igual como asistir a la misa todos los domingos.

## **Did You Ever Think You'd Known a Saint?"**

MARY EBERSTAD

This morning, the funeral Mass for a priest named Fr. Arne Panula will be offered by Cardinal Donald Wuerl and others at St. Matthew's Cathedral in downtown Washington, D.C. A former head of Opus Dei, U.S.A. who died of cancer earlier this week, and long one of the most influential spiritual figures inside the nation's capital and out, this "Fr. Arne," as he's been known to many friends and admirers, was a priest in full. His is not — yet — a household name. But it would shock no one who knew him if that relative obscurity were someday to change.

There is, for starters, his extraordinary story, including the fact that seeming paradoxes of his life resolved one by one in favor of beauty and holiness. A math and science wunderkind, he nevertheless graduated from college an English major with a lifelong devotion to Shakespeare and Keats; the resulting sharp feel for language would prove to be one of the surgical tools in his conversion kit. Educated at Harvard and other secular venues, and surrounded by worldly friends, he nonetheless and cheerily threw his life at God, being ordained in 1973. Strikingly handsome, and bearing an uncanny resemblance to the young Karol Wojtyła, he would go on to witness to many people — especially young people — that their souls depended on what was beautiful inside, not out.

Or consider Fr. Arne's missionary work in what might seem to be one of the least promising spiritual territories on earth: the nation's capital. There, in a business district packed with lawyers and lobbyists, he presided with infectious elan over the blandly named Catholic Information Center — a social, spiritual, and intellectual powerhouse like no other, set squarely on DC's notoriously louche K Street. Like his predecessors Fr. C.J. McCloskey and Msgr. William Stetson, and with the aid of a dedicated team led by Mitchell Boersma, Fr. Arne saw to it that pilgrims of every kind would migrate to the place: Senators and Supreme Court Justices, tourists and browsers of books, young professionals, troubled spirits in search of help, and other wanderers. Some are drawn in by the CIC's chapel, the closest tabernacle to the White House. Some come for fellowship, including the convivial social scene. Others seek out the CIC's intellectual comforts: the outstanding collection of books; the Leonine Forum fellowship for studying the classics of Catholic social thought; the lifetime reading series; the evening speaking programs featuring authors from around the world.

One must also reckon with another rarity: the grace with which Fr. Arne handled life as the sands ran out. Following months during which he continued work at the CIC, the doctors finally dispatched him home with hospice care in winter 2017 — right before Lent. Then Providence threw another curveball. Contrary to forecasts, Fr. Arne ended up living not days or weeks, but months longer than medical algorithms predicted. Until the fifty-ninth minute of the eleventh hour, he radiated a vitality hard to square with the knowledge that death cells had detonated all over inside. "He's teaching us how to die," one friend observed. "He's acting like a saint," said others. Just as his failing to succumb on schedule seemed to defy explanation, so did his vigor. "I'm dying," he laughed a few weeks ago, "And I'm enjoying some of the best hours of my life." Until the fifty-ninth minute of the eleventh hour, he radiated a vitality hard to square with the knowledge that death cells had detonated all over inside. "He's teaching us how to die," one friend observed. "He's acting like a saint," said others. Such unsettling effects on bystanders — in a good way — kept reverberating. A few months before he entered hospice care, some friends commissioned a portrait of Fr. Arne from master artist Igor Babailov. One of the world's leading portraitists, Babailov has rendered many influential figures, among them industry titans, heads of state, and three popes. It was characteristic of Fr. Arne's humility that he would assent to a charcoal portrait only; any rendition in color, he said, might have appeared immodest.

A few weeks ago, I asked Fr. Arne to share his recollections of St. Josemaria Escriva, founder of Opus Dei, whom he'd known in Spain before becoming a priest. "All my friends and others wanted to know the same thing when Josemaria was canonized," Fr. Arne said casually. "Everyone," asked the exact same question of me: **'Did you ever think you'd known a saint?'**

## 7 estrategias para calmar rabietas tan socorridas como ineficaces

ÁLVARO BILBAO

Descubre qué es lo que NO necesitas hacer.

### **tantrum1. El grito**

Si gritas intensificarás la activación de 3 de las áreas cerebrales que intervienen en las rabietas; la amígdala cerebral (miedo), la corteza orbital (frustración) y la ínsula (sentirse incomprendido) por lo que conseguirás únicamente intensificar la rabieta. Desde el punto de vista de circuitos cerebrales es, posiblemente, la peor decisión de todas. Desde el punto de vista de la psicología infantil, una estrategia muy pobre de enseñar al niño que cuando las cosas van mal hay que mantener la calma.

### **2. El abandono**

“Hugo. Lo siento pero me voy. Ahí te quedas”. Esta estrategia puede hacer que el niño salga corriendo detrás del papá o la mamá porque estará aterrorizado de quedarse solo, pero la rabieta seguirá ahí y puede reactivarse en cuanto te alcance o lleguéis a casa. Girarse y no mirar al niño es otra forma de abandonar sus emociones a su suerte. Si estás en un aprieto urgente de tiempo, intenta tomar a tu bebé en brazos con mucha calma y dulzura y llévalo donde tengáis que ir. Posiblemente te pataleará, pero llegaréis a tiempo y puede que se calme por el camino.

### **3. La contención física**

Esta es una técnica que nace de la ocurrencia errónea de que si el niño físicamente no puede patalear, entonces la frustración se habrá acabado. Si intentas abrazar muy fuerte o sujetar al niño enrabiado de los brazos o las piernas el resultado no será el esperado. Solo conseguiremos que la rabia del pequeño sea mayor. Solo recomendaría contener a un niño en una rabieta si se está dando golpes contra la pared... En ese caso le podemos invitar a tirarse al suelo y patalear si quiere, pidiéndole que no se dé golpes fuertes.

### **4. La amenaza**

“Como no pares de llorar te vas a enterar”. Los que saben de animales siempre dicen que un animal salvaje solo es peligroso cuando se encuentra herido o amenazado. El niño enrabiado ya se encuentra herido en su ilusión y orgullo. ¿Realmente quieres amenazarlo?

### **5. La vergüenza**

“Lucía deja de llorar...que este señor te está mirando”. La mítica frase que nos decían de pequeños más que pasada de moda está científicamente desacreditada. No sirve para nada. La razón es muy sencilla; los niños de dos o tres años no pueden contener las emociones fuertes por sí mismos y necesitan desgastarlas, antes de poder manejarlas. La vergüenza le dará igual o incluso agravará el problema.

### **6. La distracción**

“¡Anda! ¡mira qué perrito más bonito!”. Es un buen intento....en el año 2016 le funcionó a una madre en Finlandia y a un padre de familia numerosa en el sur de Inglaterra. Con esto quiero decir que puede que si la rabieta ya está terminándose una distracción pueda ayudar un poquito a que el niño se calme, pero cuando el horno está a máxima temperatura intentar distraer al niño posiblemente sólo conseguirá que se revuelva.

### **7. El diálogo “Socrático”**

Dar razones a los niños cuando les decimos “no”, es poco eficaz para resolver la rabieta en el acto, pero ayudará a que poco a poco sea capaz de lograrlo...así que podríamos decir que es una estrategia ineficaz en el corto plazo pero positiva en el largo plazo. Las rabietas no se pueden calmar con un chasquido o un truco mágico. Las rabietas son un fenómeno natural y saludable del desarrollo cerebral infantil. Poco a poco el niño irá desarrollando la capacidad de calmarse y superar las frustraciones. Pero para ello necesita mucho tiempo y sentir que estás a su lado.

## PARISH INFORMATION

**Parish Council Members:** Karen Davis (3), Charlie Muckleroy (3), Neal Slaten (3), Rebecca Higgins (2), Billy Huddleston, Jr. (2), Bill Bryan (1), Joy Fuller (1), Veronica Baca (Hispanic Community), Juan Castro (Hispanic Community), Emma Arayata (Fillippino Community).

\***Ethics:** To report abuse, call Rev. Gavin Vaverek, JCL at **903-266-2159**; For more information go to [www.dioceseoftyler.org/Ethics](http://www.dioceseoftyler.org/Ethics). **Local Contact Person:** Jorge Cuarenta, **936-554-8050**.

\***Adoration:** Adoration is the 1st Friday of the month, 7:30 AM to 12:30 PM with Benediction in the Little Church of 1847.

\***Baptism Classes:** Please contact Phillip Smith, in the parish office to schedule a time to meet for the class or if you have any questions. It is required for both parents and godparents. Please bring a copy of the child's Birth Certificate to class.

**Baptisms** are scheduled for the first Saturday of each month following the 5:00 pm Mass or during one of the weekend Masses.

\***Weddings:** Diocesan policy requires a six-month preparation period. Arrangements must be made with the Pastor or Parochial Vicar before setting a date.

\***New Parishioners:** Welcome! Please introduce yourself to Father after Mass. Registration forms are available on the shelf unit in the vestibule.

\***Hospital Patients and Shut-Ins:** If you know of someone in the hospital or someone who is homebound, please call the office, **564-7807**, or one of the priests at **564-7134**. If the person is in the hospital, please leave the name of the hospital, the persons name & room number as the hospital cannot give out this information.

\***Loving Hearts:** A Lay Ministry to help with visitation to the homebound, nursing centers & hospitals. Contact Karen Davis, **554-2589** or Carrie Ventura, **554-3414** with information so a time to visit/Holy Eucharist can be arranged.

\***Cora zones Amorosos** - Si tienen miembros de la familia en el hospital o en casa, y no pueden venire a misa, llamen Joan McNett, **936-645-0794** o Veronica Baca, **936-556-8638**. Si gustarian participar en el ministro y visitar a los ancianos o los enfermos en casa o hospital llamen a Joan o Veronica.

\***Third Age Club:** Meets 2nd Wednesday of the month at 12 Noon in Margil Center, President: Phil Eby, **(936) 715-0053**

\***Ladies Guild:** Meets the 3rd Monday of the month at 7pm in the Library. **President:** Kathy McMillen, **(936) 585-0680**

\***Teams of Our Lady:** Married couples prayer group & book study. Contact Rebecca Higgins, **(936) 715-5359**

\***Knights of Columbus Council** meets the second Tuesday of the month at 7:30 pm in Margil; **4th Degree** meets the third-Wednesday of the month at **7:30** pm in Margil Center: **Grand Knight:** Steve McMillen - **(936) 371-3313**

\***Prayer Line:** Anne Derfus, 564-0419 or email to: [annederfus@suddenlink.net](mailto:annederfus@suddenlink.net)

\***SHOCK:** High school & middle school youth meet Wednesdays from 6:45-8:30pm in gym. Rebecca Higgins **715-5359**

\***Bulletin Deadline** is 11 am on Wednesday

\* **Alliance of the Two Hearts:** Cynthia Vanzzini- 936-560-6804; Alianza de los Dos Corazones: Raquel Zamora

**CHURCH NAME AND ADDRESS**

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**SOFTWARE**

Publisher 2013  
Adobe Acrobat x  
Windows 7

**PRINTER**

HP Desk Jet 842C

**TRANSMISSION TIME**

THURSDAY

**SUNDAY DATE OF PUBLICATION**

September 10, 2017

**NUMBER OF PAGES SENT**

1 through 7

**SPECIAL INSTRUCTIONS**