



# JOHN

*the Beloved*

## CHOOSING A CONFIRMATION NAME

Many people choose an additional saint's name at Confirmation. It is also a wonderful idea to use your Baptismal name at Confirmation because it expresses the relationship that exists between Baptism and Confirmation.

If a new name is taken, it should be the name of a recognized saint of the Catholic Church. If the Baptismal name is not that of a recognized saint, a new name should be chosen for Confirmation.

Names of saints are chosen to serve as patrons and models for those being confirmed. For all in the Church, the saints are our heroes and heroines. They are the ones who have shown us how to follow our God, how to persevere, how to be holy men and women. They show us how to live the Catholic way of life

## CHOOSING A SPONSOR

Canon Law ##874 states that to be admitted to undertake the office of Sponsor a person must:



- Be appointed by the candidate for Confirmation or by the parents or whoever stands in their place.
- Be no less than 16 years of age.
- Be a Catholic who has been confirmed and has received the Blessed Eucharist and who lives a life of faith that befits the role to be undertaken.
- Not labor under any canonical penalty that would cause them not to be able to receive Communion at Confirmation
- Not be the mother or father of the Candidate.