

HOW DO I DRESS MY CHILD FOR FIRST EUCHARIST CELEBRATION?

First Holy Communion is an important moment in your child's life, so you probably want to make this day special and remember the moment with joy over the years.

The First Eucharist is a religious event, so your child's outfit should have a conservative and modest style. Instead of focusing on getting designer clothes or putting together a fancy look, you should pick comfortable and elegant pieces for your child.

There is a specific dress code required for first communicants and you should respect it without exception. At St. John the Beloved First Eucharist Celebration, there are usually around 30 or 40 children who take part, so it usually lasts approximately 1.5 hours. Tradition and aesthetics dictate that all children should be dressed similarly, without major attire discrepancies. All the parents receive the same guidelines and therefore, you should only choose recommended pieces.

If you're wondering what exactly a child is supposed to wear at his or her celebration, you can find below a few general steps & rules to help you choose proper First Eucharist attire for your child:

Dress Code Checklist for Girls

DO'S

- White or ivory dresses, with sleeves and simple cuts or patterns, below the knee in length or calf length
- Pants outfit if your girl doesn't want to wear a dress
- Bolero jacket, sweater or an elegant cardigan
- Light colored flats or dress shoes without heels
- White or ivory ankle socks, nude color tights (optional)
- A veil or headpiece such as a headband, barrette, ribbon, tiara or even flower wreath (optional - it isn't mandatory to wear something on the head, you can choose a piece depending on your daughter's preferences)
- Gloves (optional - for the after photos, not for the ceremony)

DON'TS:

- Bright or dark colored dresses, with complicated patterns or cuts
- Short, tight or sleeveless dresses
- Tank tops, spaghetti straps, deep necklines
- Shoes with high heels or in dark colors
- Long socks or dark tights
- Make-up



The standard attire for girls is light-colored dresses, with a headpiece (usually a veil) and matching dress shoes. Sometimes the girls are dressed as mini-brides, in fancy gowns, wearing white veils and gloves. This ceremony has a conservative tone, so the gowns should be modest or not embellished too much.

Dress Code Checklist for Boys

DO'S

- Dark-colored suits, sport coats, or vest
- A white shirt with a collar, full button, with long or short sleeves
- Dark dress pants: navy or black, with a belt
- Tie in a solid color or with a very subtle pattern
- Dress shoes in a dark color (black, brown or grey) with dark socks

DON'TS

- Polo shirts or casual T-shirts
- Jeans or sport pants
- Winter boots or athletic shoes

