

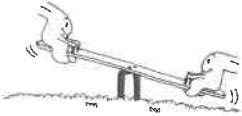


# Home & School

## Working Together for School Success

### CONNECTION®

Immaculate Conception School  
Mrs. Jane Bona, Principal



#### SHORT NOTES

#### Excellent attendance

Being in school every day means your child won't miss out on learning. Try to schedule appointments and family trips outside of school hours. If he asks to stay home "just because," remind him of what he'll miss, such as his reading group or PE class. Explain that he can be absent only if he's sick or if there's a family emergency.

#### DID YOU KNOW?

Children who regularly eat meals with their families tend to do better in school and avoid risky behavior.

Eating dinner together is great, but other meals count, too. If you work at night, maybe you could make time for a family breakfast. Or on a weekend, try a picnic lunch.

#### Celebrate progress

Suggest that your youngster create a fun reminder of all the things she has accomplished. Let her cover a box with construction paper and label it "I did it!" Then, she can write each success ("I learned to add fractions") on a slip of paper and put it in the box. If she's feeling discouraged, have her read the slips.

#### Worth quoting

"The best way to cheer yourself up is to try to cheer somebody else up!"  
Mark Twain

#### JUST FOR FUN

**Q:** Can a kangaroo jump higher than the Empire State Building?

**A:** Of course. The Empire State Building can't jump!



## Conversations about school

When you think of parent involvement, do you picture moms and dads volunteering in classrooms? That's one way to help—but research shows that supporting your child's education at home is even more important. Here are conversations starters that will help you stay involved.

#### "Let's see what you brought home."

Look at completed work to find out what your youngster is learning and how well she's doing. You could comment on her math work or social studies project, for instance. ("You know a lot about our state's history!") Also, respond to notes from her teacher, and sign her weekly folder or daily planner if required.

#### "Show me what you have for homework."

It's your child's job to do her homework, but you play a role, too. Make sure she knows what she's supposed to do by having her explain the assignments to you. After she finishes her homework, glance over the work to see that it's complete.

#### "Describe a book you enjoyed today."

This gives you an idea of what your youngster prefers to read. Then, build a daily reading habit by asking what she'd like to read tonight. Encourage her reading and listening skills by reading aloud to her and letting her read to you.

#### "Tell me what you learned that you'd like to know more about."

Use her interests as jumping-off points for activities to share. If she likes geometry, you might hunt for

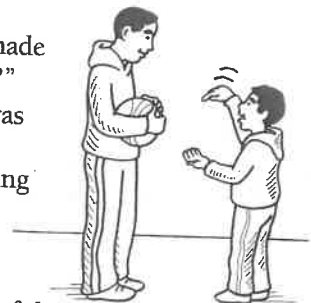


shapes together. If she's fascinated by how animals adapt to winter, take her to the library to research the subject or to the zoo to see live animals.♥

#### After-school questions

Asking "How was school today?" might not get you far. Instead, ask questions like these for a better picture of your youngster's day:

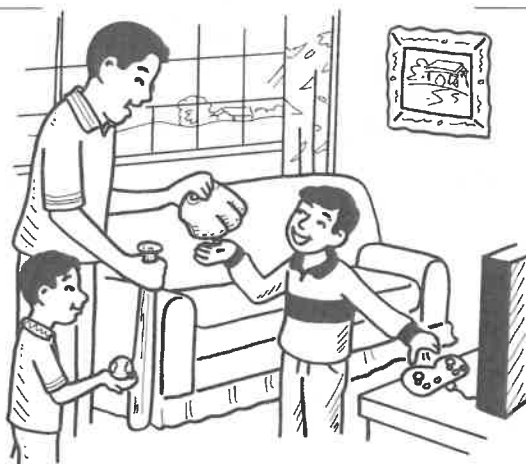
- "What's the coolest thing that happened? What wasn't so cool?"
- "Pretend you're the teacher. How would you describe the day?"
- "What made you laugh?"
- "What was the most creative thing you did?"
- "How were you kind or helpful today? Was anyone kind or helpful to you?"♥



# What does respect look like?

Your youngster's daily dealings with adults and kids alike will be more pleasant if he speaks and acts respectfully. Try these tips for helping him learn about respect.

**Respectful replies.** Think about something that you and your youngster disagree on (say, whether his video game time should be limited). Model having a respectful discussion about it. You might say that his brain and body are growing and that he needs to run and play to stay healthy. Then, suggest a respectful response, such



as, "I want to be healthy, but I love video games." Have him brainstorm other situations where people have different opinions but still speak to each other with respect.

**Everyday acts.** When you mow the lawn or clean up after your dog, you can teach your child about respect for neighbors.

Explain that keeping your neighborhood clean and neat makes it nice for everyone. Ask him to think of other respectful things neighbors should do. If you share an apartment laundry room, he might say that you respect neighbors' time by removing your clothes when they're done so others get to use the washers and dryers.♥

## A reading challenge

By reading more complex books, your child can learn new words, facts, and ideas. He'll also be exposed to more complicated plots and will grow as a reader. Share these suggestions:

- ◆ Knowing something about the topic or setting makes a tougher book easier to comprehend. If



your youngster is reading a novel set in China, he could talk to someone who has been there or look up the country online (try a children's site like *kids.nationalgeographic.com*).

- ◆ Encourage your child to look at a simpler book on the same subject. A picture-book biography about Harriet Tubman may help your youngster better understand a textbook chapter on the civil rights movement, for instance.

- ◆ Suggest that your child read complicated material with pencil and paper in hand. He can jot down questions, words to look up, or facts he wants to learn more about.♥



**Q & A**

**Q:** My third grader has to spend more time studying this year. How can I make sure she studies effectively?

**A:** Set your daughter up for success by helping her find a distraction-free study spot. Also, have her come up with a study routine. For instance, she could reserve time each evening to review her textbook and notes in the days leading up to a test.

Also, many students find it helpful to jot down a purpose each time they study. Your child might write: "I will learn the definitions of all the boldfaced words in chapter 7, section 1."

Finally, encourage her to experiment with study strategies to find what works best. She could close his eyes and imagine how a word is spelled or draw a grid with 9 squares to solve 3 x 3. Or she might find it helpful to spell or recite math facts aloud in rhythm or to a familiar tune.♥



## PARENT TO PARENT

### Talking to kids about money

My children were always asking to buy things like dress-up shoes or new games. They didn't seem to understand that these items weren't in our budget.

I wanted them to learn about how we spend our money—and that it is limited. So I got a spiral notebook and labeled it "Family Spending Journal." I explained that for two weeks, everyone would keep a record of what they spent money on. I listed items like my

subway fare, the electric bill, and food at the grocery store. The children wrote down expenses such as school lunch, soccer cleats, and field trip fees.

After a few days, they were surprised by how many things we needed money for. Our kids had no idea, for example, that we paid for taxes on our income, several types of insurance, and membership in our homeowners' association. Sometimes they still ask to buy too many things at the store, but when I say no, at least they understand why.♥



**OUR PURPOSE**

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators, a division of CCH Incorporated  
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 800-394-5052 • rfeustomer@wolterskluwer.com  
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# Order Form for: Immaculate Conception School

WAGNERS

Standard Size \$15.00 each Large Size \$25.00 each Please print clearly	Red		White		Marble		Add line total \$ across, then add grand total \$ at bottom
	\$15 Std. Qty	\$25 Lg. Qty	\$15 Std. Qty	\$25 Lg. Qty	\$15 Std. Qty	\$25 Lg. Qty	
Name: _____							\$
Address: _____							\$
Phone: _____							\$
Name: _____							\$
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Name: _____							\$
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Phone: _____							\$
Name: _____							\$
Address: _____							\$
Phone: _____							\$
Name: _____							\$
Address: _____							\$
Phone: _____							\$
Total Plants ordered in each color & size:	#	#	#	#	#	#	
Purchaser's Name:							Total # of Plants: #
Phone Number:							Grand Total: \$



**Poinsettia Fundraiser sponsored by  
IC School's Advisory Council  
Through Wagner's Greenhouse**

**Help ICS this Christmas Season!**

Each family will receive an order form to purchase plants. Plants are:

- Three Colors: RED, WHITE, MARBLE
- Large plants are \$25.00 each
- Medium plants are \$15.00 each

There are two ways to order your plant(s):

1. **“Personal” Poinsettia’s.** These will be picked up at the parish office Tuesday, December 4<sup>th</sup>. (If that day does not work, plants may be picked up Wed, Thurs, or Friday that week. See information below.)
2. **“Memorial” Poinsettias** are available to purchase **in RED only** and will be used for church décor. Honor your loved one with their name listed in their memory.

**FULL PAYMENT for plant(s) ordered must be included when the order is turned in.** Checks should be made out to Immaculate Conception School. The orders and money can be turned in to your teacher.

Don't forget to ask other relatives, friends, and neighbors to purchase plants. They are truly of the highest quality. You won't be disappointed!

**Important Dates to Remember**

<b>Monday, November 26</b>	Final day to order poinsettias
<b>Tuesday, December 4</b>	Pick-up day for “Personal” poinsettias in the Parish Office From 4:30pm-7:30pm
<b>December 5-7</b>	Arrange pick-up through the Parish Office: Call 763-788-9062
<b>December 21</b>	Delivery date of “Memorial” poinsettias to the church

\*Limited quantities of custom colors available. If your order is unable to be filled with the exact color specified, it will be filled with something comparable. Orders are filled on a first come, first basis.

**Please note that poinsettias are very sensitive to our Minnesota cold weather and must be kept warm to ensure long lasting beauty.**



4030 Jackson St NE · Columbia Heights, MN 55421 · 763-788-9065 · ICCSonline.org

# Saturday Morning Club 2018 - 2019

Dear Parent,

The Immaculate Conception Athletic Department is once again running the "Saturday Morning Club" for students at I.C.S. This is a program designed for Kindergarten, 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> graders to get plenty of exercise while having fun playing different games. Some examples of the games are: Pom-Pom Pullaway, Line Tag, Mat Tag, and Parachute. We will also be using the mat room at different times throughout the program. "Saturday Morning Club" sessions will be held on twelve Saturdays during the winter months from 9:00 a.m. to 10:30 a.m. and will be supervised by Mr. Couillard.

Children who want to participate in the "Saturday Morning Club" may be dropped off at the gym at 9:00 a.m. and picked up at 10:30 a.m. on any or all of the dates listed below. This program is a fun way to participate in extra-curricular activities at Immaculate Conception, and will help keep your child active. There is a small fee for participation of \$20.00 for the sessions. If you have more than one child in this age range, the fee is \$25.00. Please encourage your child to attend. If you have any questions concerning the program, please call me during school hours at 763-788-9062 (Ext: 223).

Mr. Couillard  
Athletic Director

## Dates of the "Saturday Morning Club"

<b>November 17</b>		<b>February 2</b>
<b>December 8</b>	<b>9:00 AM</b>	<b>February 9</b>
<b>December 15</b>	<b>to</b>	<b>February 16</b>
<b>January 5</b>	<b>10:30 AM</b>	<b>February 23</b>
<b>January 12</b>		<b>March 2</b>
<b>January 26</b>		<b>March 9</b>

# IMMACULATE CONCEPTION SCHOOL

## INTRAMURAL PROGRAM

### 2018-2019

Dear Parent,

The Intramural Program at Immaculate Conception is scheduled to begin on Wednesday, October 28, and will usually run as follows:

**Wednesdays**

**6:30 – 8:00 P.M.**

**4th through 8th Graders**

Along with this letter is the complete schedule and the parent permission paper which needs to be filled out and returned to Mr. Couillard. All students need to be registered to attend the Intramural program. This program is for Immaculate Conception School students only.

The Intramural Program for **4th through 8th graders** will consist of four 4-week sessions. Each session will concentrate on one sport. The first session will be Soccer, followed by Basketball, Floor Hockey and Volleyball. Students who sign up for intramurals will be placed on teams and will participate in round-robin play. Teams will include both boys and girls from each grade.

Besides the four team sports the Intramural Program includes five "Games Days" scheduled throughout the 20 sessions. On these "Games Days", the students can choose their favorite games they would like to play such as Nine Ball, Bran Ball or Survivor.

Intramurals allow students to learn fundamental skills and teamwork, in addition to providing exercise and enjoyment. The Intramural Program at Immaculate Conception is an ideal way for your child to become involved in extra-curricular activities. Please encourage your child to attend.

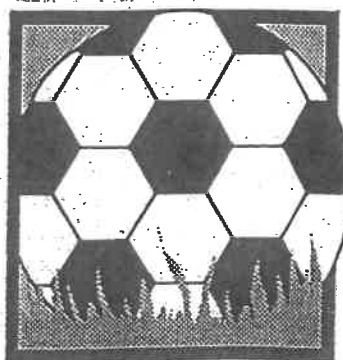
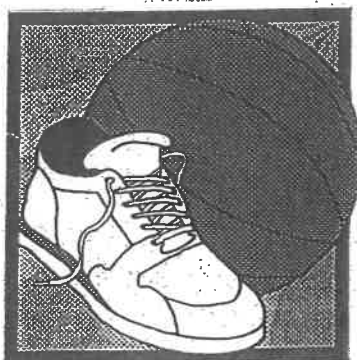
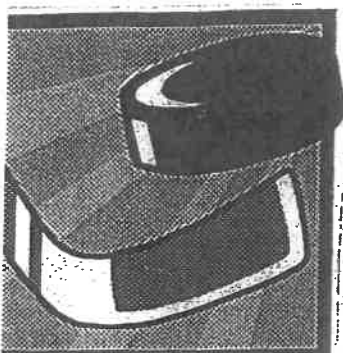
**There is a fee for participation - \$4.00 per session or \$50.00 for all sessions. If you have more than one child participating in intramurals, the family fee will be \$90.00. All families are enrolled in the Tuition Aid Data Services (TADS) program. Fees will automatically debit on the 5<sup>th</sup> of December 2018.**

Once intramurals begin, please make sure your child is dropped off and picked up at the appropriate times. *It is not permissible for children to be left at the school after an event ends to wait until the next activity begins.* With your positive involvement, the Immaculate Conception Intramural Program will continue to be a success.

Thank you for your support,

*Mr. Couillard*

Mr. Couillard  
Intramural Director





# IMMACULATE CONCEPTION SCHOOL

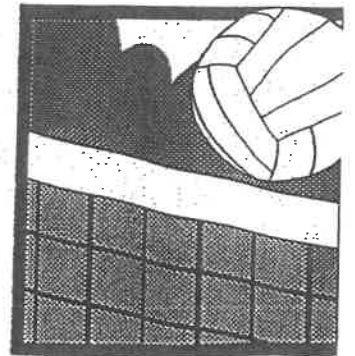
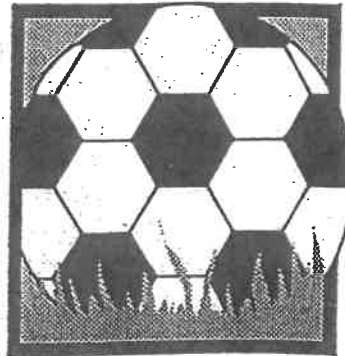
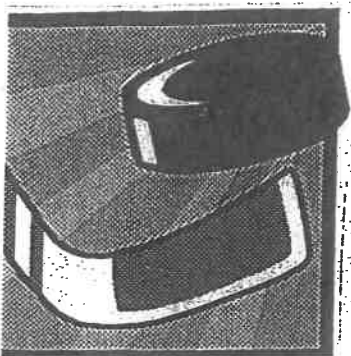
## INTRAMURAL PROGRAM

2018-2019 INTRAMURAL SCHEDULE

### 4th through 8th Grades

**6:30 – 8:00 P.M.**

Games Day	November 7	Wednesday
Soccer	November 14	Wednesday
Soccer	November 28	Wednesday
Soccer	December 5	Wednesday
Soccer	December 12	Wednesday
Games Day	December 19	Wednesday
Basketball	January 2	Wednesday
Basketball	January 9	Wednesday
Basketball	January 16	Wednesday
Basketball	January 23	Wednesday
Games Day	January 30	Wednesday
Floor Hockey	February 6	Wednesday
Floor Hockey	February 13	Wednesday
Floor Hockey	February 20	Wednesday
Floor Hockey	February 27	Wednesday
Games Day	March 6	Wednesday
Volleyball	March 13	Wednesday
Volleyball	March 20	Wednesday
Volleyball	April 3	Wednesday
Games Day	April 10	Wednesday



# IMMACULATE CONCEPTION INTRAMURAL REGISTRATION FORM 2018-19

Student's Name \_\_\_\_\_

Current Grade in school year 2018-2019 \_\_\_\_\_

I/We, the parent(s)/guardians of \_\_\_\_\_  
request that the school allow my/our son/daughter to participate in the  
school summer intramural program.

I/We hereby release and save harmless the school of Immaculate  
Conception and any and all employees from any and all liability for any and  
all harm arising to my/our son/daughter as a result of this activity.

**Choose Payment Option:**

\_\_\_\_ All school families are enrolled in the Tuition Aid Data Services (TADS)  
program. Fees will automatically debit on December 5, 2018.

\_\_\_\_ Checks made payable to Immaculate Conception. Checks are due at the  
start of Intramurals on November 7, 2018.

\_\_\_\_\_  
Signature of parent/guardian

\_\_\_\_\_  
Date

**Phone number where parent can be reached during Intramural program  
hours in case of an emergency.**

