

2018-2019 St. Paul Preschool Daily Activities

7:00 – 8:15 Children come in, put away their belongings, and have free play with manipulatives at tables

8:15 – 8:20 Clean-up time to go to carpet

8:20 – 8:30 Carpet Time – take roll, calendar

8:30 – 8:40 Physical Activity with Teacher (dancing, aerobics)

8:40 - 8:45 Transition to go to the bathroom as a group

8:45 – 9:00 Bathroom time as a group

9:00 – 9:05 Sit on carpet/quiet shape and pray before snack

9:05 – 9:20 Snack time

9:20 – 9:25 Clean-up time and sit on carpet/quiet shape / transition

9:25 – 9:30 Go over/reminder on rules

9:30 – 10:25 Free Play

10:25-10:30 Transition (read book or introduce art activity)

10:30-10:55 Art Activity

10:55-11:00 Clean-up time to get ready to go outside

11:00-11:50 Outside play

11:50-12:00 Bathroom time / wash hands (group)

12:00-12:40 Lunch time

12:40-1:00 Take kids to bathroom (boys, then girls)

1:00 – 2:15 Nap time

2:15 – 3:00 Wake up kids / each child reads book at table / take kids to bathroom

3:00 – 3:30 Afternoon snack

3:30 – 3:45 Circle / Carpet Time / Physical Activity (dancing)

3:45 – 6:00 After school child care – free play, art, yoga and dress up