



Hei Long Shou Shu Kung Fu Chinese Martial Arts returns to St. Paul School

This unique program focuses on *self-defense*
and *offers belts and promotions* to the students.

This program is intense and will focus on
the Chinese Martial Arts principles of application.

There will be 2 classes per week starting **Mondays & Wednesdays
February session begins Monday, February 4, 2019**

Cost is \$80.00 for the session, 2 lessons per week
(per session = per month)

PAYMENT SCHEDULE ON PAGE 2

Mondays 3:30 pm – 4:30 pm Wednesdays 2:30 pm to 3:30 pm
Preschool through 8th grade

(All ages are taught at the same time with multiple instructors)*

Uniform is black sweatpants and a black shirt unless official uniform purchased.

Cost for uniform below.

An athletic cup and supporter (groin protector) is **MANDATORY** for boys & girls,
available from instructors or Big 5 or other stores with sports department.

**Your student must be signed into ELP or Panthers' Club or have an adult with them
from arrival to dismissal in order to attend this class.**

**If you do not pick up your child on time from the instructors' care, your child will be
delivered into the care of the after-school care staff. You will be responsible for paying
for the time your child is supervised by the after-school care staff.**

Sign me up for

Hei Long Shou Shu Kung Fu on Monday and Wednesday afternoons:

Name _____ Grade _____ Parent Name _____

Parent Email _____ Cell phone _____

- Kinder – 8th 3:30 to 4:30 Mondays & 2:30 – 3:30 Wednesdays (2x a week \$80)
- Preschool-TK 3:30 to 4:00 Mondays & 2:30 – 3:00 Wednesdays (2x a week \$80)

**(These younger students have a dedicated instructor.)*

- I would like to purchase an athletic cup and supporter (BOYS: \$15 GIRLS \$25.)

- I would like to purchase a Kung Fu Uniform Shirt for \$20 (optional)

- I would like to purchase Kung Fu Uniform Pants for \$25

- New students only- \$5.00 white belt fee (REQUIRED)** Replacement Belt \$5.00

- Hoodie \$55.00 Please select style & quantity: Pullover _____ Zipper _____

Size: (Please circle) Youth: S M L Adult: S M L XL

Total amount enclosed: \$ _____

Please make checks payable to **Chinese Martial Arts**

Thank you, Shun Shifu Villarreal, Shi Bok Ryan, Shi Bok Rumfelt, & Shi Bok Nico

Payments

All payments must be received on time to avoid a \$25.00 late fee.

For your convenience, below is our schedule and payment due dates for the 2018-2019 school year:

Session 1- September: \$60.00 (short session) Due by Friday September 7. Classes will meet Sept 10, 12, 17, 19, 24, and 26.

Session 2- October: \$80 due by Wednesday, September 26. Classes will meet: Oct. 1, 8, 10, 15, 17, 22, 24, and 29. We will NOT meet on 3, or 31.

Session 3- November: \$80.00 due October 26. Please note that on the 12 we invite our students to the kwoon as SPS will be closed in honor of Veterans' Day. Also, while on the Thanksgiving break, our students are invited to take their lessons at the kwoon. Classes will meet Nov 5, 7 (12:30 -1:30 pm), 14, 26, and 28.

Session 4- December: \$80.00 due November 28. Please note while we are on Christmas break our students are invited to take their lessons at the kwoon. Classes will meet Dec 3, 5 (12:30 – 1:30 pm), 10, 12, 17, 19.

Session 5- January: \$60.00 (short session) due December 19- Classes will meet January 9 (12:30 -1:30 pm), 14, 16, 23, 28, and 30

Session 6- February: \$80.00 due January 23. Classes will meet Feb 4, 6 (12:30 – 1:30 pm), 11, 13, 18, 20, 25, and 27.

Session 7- March: \$80.00 due February 21. Classes will meet Mar 4, 11, 13, 18, 20, 25, and 27. We cannot meet on Wednesday Mar 6 due to Ash Wednesday services.

Session 8- April: \$80.00 due March 21. Classes will meet Apr 1, 3 (12:30 – 1:30 pm), 8, 10, 15, 17, and 29. Students may take a class at the kwoon during the Easter break.

Session 9- May: \$80.00 due April 18. Please note this is the final session of the school year. You are welcome to have your student continue their lessons through the summer at the kwoon. Please contact the kwoon in May to discuss your options. Classes will meet May 1, 6, 8, 13, 15, 20, 22, and 29. No classes on 27 due to Memorial Day holiday.

Payments whether cash or check are to be **placed in an envelope indicating: your name, child's name, grade, and Kung fu and dropped off in the school office.** Once received, I will complete your receipt and send it home with your student. All checks should be made out to Chinese Martial Arts. If paying by credit card or debit card please either contact the kwoon directly at 510-223-7468 or complete a credit card authorization form and submit it to me via email. When calling kwoon please indicate you are paying for your St. Paul student and be sure to tell them your child's name. (Above due dates apply for credit/debit card payments as well.) If you have any questions please contact me at rmcmaster@st-paulschool.org

Thank you and welcome to the 2018-2019 Kung fu enrichment program.

Rosalia Lara-McMaster
rmcmaster@st-paulschool.org
510-233-3080

Chinese Martial Arts Hei Long Shou Shu
1102 Hilltop Mall Rd
Richmond, CA 94806