

# Lenten Schedule

## 2019

### Ash Wednesday

St. Anthony, Mar. 6 <sup>th</sup>	5:30 pm
St. Jude, Mar. 7 <sup>th</sup>	12:00 pm
St. Joseph, Mar. 7 <sup>th</sup>	5:30 pm

### Saturday & Sunday Masses follow regular schedule

St. Jude, Saturday	4 pm
St. Joseph (1 <sup>st</sup> , 3 <sup>rd</sup> , & 5 <sup>th</sup> Sundays)	8 am
St. Bernard (2 <sup>nd</sup> & 4 <sup>th</sup> Sundays)	8 am
St. Anthony, Sunday	11 am
Our Lady of Sorrows (1 <sup>st</sup> & 2 <sup>nd</sup> Sundays)	5:30 pm

### Weekday Masses during Lent (starting March 8<sup>th</sup> thru April 12<sup>th</sup>)

St. Anthony	12:00 pm every Friday
St. Jude	12:00 pm every Tuesday
St. Joseph	5:30 pm Thursday, March 21 <sup>st</sup> , April 4 <sup>th</sup>
St. Bernard	5:30 pm Thursday, March 14 <sup>th</sup> , March 28 <sup>th</sup> , April 11 <sup>th</sup>

### Holy Week (April 18, April 19, April 20)

Holy Thursday, April 18 <sup>th</sup>	St. Anthony	5:00 pm
Good Friday, April 19 <sup>th</sup>	St. Anthony	12:00 pm
Easter Vigil, April 20 <sup>th</sup>	St. Jude	8:00pm
Easter Sunday, April 21 <sup>st</sup>		
	St. Joseph	8 am
	St. Anthony	11 am
	Our Lady of Sorrows	11 am

**Stations of the Cross – 11:30 am each Friday at St. Anthony’s**

#### **Sacrament of Reconciliation**

Every Friday after Mass at St. Anthony’s

Every Saturday at St. Jude’s: 3:30 – 4:00 pm

30 minutes before the weekday Lenten Mass at either St. Joseph’s or

St. Bernard’s: 5 -5:30 pm

Saturday, March 2<sup>nd</sup> & April 6<sup>th</sup>, at St. Anthony’s: 9:00 – 10:00 am and Monday,  
April 8<sup>th</sup> at St. Anthony’s: 5pm.

**(See backside for Rules for Fasting abstinence)**

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## **Rules for Fasting and Abstinence**

Ash Wednesday and Good Friday are obligatory days of Fasting (from age 18 until age 59) and abstaining from meat (from age 14 onwards).

When fasting, a person can eat one full meal and two smaller meals that together do not equal a full meal.

Fridays during Lent are also days of abstaining from meat.