



September 2019

St. Thomas More Catholic School



Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL	Super Nachos Spanish Rice Black Beans Corn Baby Carrots Banana	4 Hamburger/Cheeseburger Rice Sweet Potato Fries Peas Baby Carrots Kiwi	5 Cheese/Pepperoni Pizza Garlic Bread Sticks Tossed Salad Baby Carrots Peaches	Cheese Tortellini w/Alfredo Sauce French Bread Mixed Vegetables Baby Carrots Orange Smiles
9 Swedish Meatballs Mashed Potatoes/Gravy Crusty Rolls Green Beans Baby Carrots Mandarin Oranges	10 Potato Pancakes Sausage Links English Muffins Baby Carrots Pineapple Tidbits	11 Chicken Patty Sandwich Wild Rice Blend Tater Tots Carrot Coins Baby Carrots Watermelon Wedge	12 Club Wrap Sandwich Chips Roasted Cauliflower Baby Carrots Apple Slices	13 Cheese Quesadillas Spanish Rice Refried Beans Baby Carrots Grapes
16 Hot Dog/Chili Dog French Fries Rice Peas & Carrots Baby Carrots Kiwi	17 Beef Burrito Bowl Black Beans Rice Baby Carrots Peaches	18 Pasta w/Meatballs French Bread Tossed Salad Baby Carrots Pears	19 Shrimp Poppers Mac & Cheese Tossed Salad Baby Carrots Strawberries	20 Make Your Own Sub Sandwich Chips Baby Carrots Watermelon Wedge
23 Tomato Soup Han & Cheese Melt Rice Mixed Vegetables Baby Carrots Applesauce	24 Popcorn Chicken Rice Potato Smiles Broccoli Baby Carrots Clementines	25 Chili w/Fixings Pretzel Rice Corn Baby Carrots Grapes	26 Beef Stew Rice Baking Powder Biscuits Baby Carrots Pineapple	27 NO LUNCH 11:30 Release K-8
30 Santa Fe Sandwich* Rice Sweet Potato Fries Edamame Baby Carrots Pears	*Melted open faced sandwich with sliced turkey, bacon and cheddar cheese			

Milk available daily: skim chocolate, skim, and 1%

Salad Bar or Cold Sandwich available daily

Student Lunch: \$3.45 Adult Lunch: \$4.05