



**July 9, 2017 Fourteenth Sunday in Ordinary Time Lectionary: 100 Gospel MT 11:25-30**

At that time, Jesus exclaimed: "I give praise to you, Father, Lord of heaven and earth, for although you have hidden these things from the wise and the learned you have revealed them to little ones. Yes, Father, such has been your gracious will. All things have been handed over to me by my Father. No one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son wishes to reveal him." "Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."

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**Spiritual Reflection:** The image of choosing a "yoke" in Scripture can be interpreted from time to time as choosing a teacher. Christ therefore is explaining to us that by choosing Him as our teacher and His teachings as our plan for life, our burdens will become lighter.

**Spiritual Questions:**

1. How does the teaching of Christ make our life easier?
2. Describe a time in which you did things God's way and found things easier than you thought.
3. Describe a time in which you did things your way and found things harder than you thought.
4. Who are some other teachers in our world that people follow?
5. Why according to Scripture should we choose Jesus?