

**HEALTH HISTORY AND MEDICAL RELEASE FORM**  
**FOR PARISH PROGRAMS AND ACTIVITIES**

Participant=s Name \_\_\_\_\_ Sex \_\_\_\_\_ Birth Date \_\_\_\_\_ Age \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Relationship to participant \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Telephone ( ) \_\_\_\_\_ Work Telephone ( ) \_\_\_\_\_

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**HEALTH HISTORY**

Family Doctor \_\_\_\_\_ Telephone Number ( ) \_\_\_\_\_

**IMMUNIZATIONS** (Record YEAR of last immunization or last time person had disease):

Tetanus/Diphtheria _____	Measles _____	Mumps _____
Chicken Pox _____	Rubella _____	Polio _____
TB _____(results) _____	Hepatitis B _____	Other _____

**SPECIAL INFORMATION:** (Please check all that apply. Information will be held in strict confidence.)

Sleep Walking _____	Fainting _____	Dizziness _____
Blackouts _____	Asthma _____	Kidney Problems _____
Frequent Nosebleeds _____	Frequent Colds _____	Seizures _____
Severe Headaches _____	Diabetes _____	Severe Homesickness _____
Frequent Earaches _____		

**ALLERGIC REACTIONS** (Please list all known allergies - plant, insect, food, medicine AND TYPE OF REACTION):

\_\_\_\_\_

Please indicate any other medical problems/situations pertinent to your child:

\_\_\_\_\_

Any physical limitations? \_\_\_\_\_ If yes, explain \_\_\_\_\_

Any emotional/psychological limitations or reactions to be aware of? \_\_\_\_\_ If yes, explain:

\_\_\_\_\_

Is the student presently taking any medication? \_\_\_\_\_ All medication is to be well labeled with clear, concise directions indicated here (frequently, dosage, etc.):

\_\_\_\_\_

In an **EMERGENCY**, and if unable to reach parent/guardian, we should contact:

1. Name \_\_\_\_\_ Telephone Number ( ) \_\_\_\_\_

2. Name \_\_\_\_\_ Telephone Number ( ) \_\_\_\_\_

**PLEASE FILL OUT BOTH SIDES**

**PERMISSION FOR ROUTINE MEDICAL TREATMENT**

All attempts **will** be made to notify you if your child requires medical treatment (i.e., cases of high, persistent fever; severe vomiting, etc.). Please indicate whether or not you wish attempts to be made to contact you if your child becomes ill with minor symptoms (i.e., headache, sore throat, low-grade fever, etc.). **YES** \_\_\_\_\_ **NO** \_\_\_\_\_

NOTE: If you do wish to be contacted and it is not a local call, the charges shall be reversed to you.

We do not wish to give any medical treatment to your son/daughter against your wishes or family practice. Please read each of the following statements carefully and **sign only either A or B** which is in accord with your wishes:

A) I grant permission for non-prescription medication (i.e., Tylenol, cough syrup, etc.) except for the following \_\_\_\_\_ to my student if deemed advisable by the designated supervisor, and I grant permission for routine non-surgical medical care to be given to my student, if deemed advisable by the designated supervisor(s).

\* SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

**or**

B) I do not want **ANY** type of medication administered to my child unless the situation is life-threatening and emergency treatment is required.

\* SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

**PERMISSION FOR EMERGENCY MEDICAL TREATMENT**

In case of emergency, I hereby give permission to transport my child to the nearest hospital/emergency center for emergency medical or surgical treatment. I will be contacted as soon as possible and will be advised prior to any further treatment by the hospital or doctor.

\*SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

FAMILY INSURANCE PROVIDER/HEALTH PLAN \_\_\_\_\_

HEALTH PLAN NUMBER (Include expiration date): \_\_\_\_\_