



SAINT MARY'S YOUTH GROUP ROCK-A-THON 2019

Saturday Feb 16th – Sunday Feb 17th

Students in grades 7-8: Noon – Midnight

High School Students: Noon - Noon

What is SMYG's Rock-a-thon?

Our Rock-a-thon is an opportunity for teens to come together to raise proceeds and awareness of charities which are important to them while having fun and enjoying great food. Teens pledge to keep their team's Rocking Chair rocking for a full 12 or 24 hours. During the Rock-A-Thon teens will have multiple opportunities to earn service hours for school and Faith Formation. They will also play games, attend Adoration and Mass, and enjoy downtime with their friends. New this year is a Harry Potter Movie Marathon starting Saturday evening and continuing after Midnight into early Sunday morning.

How does the Rock-a-thon raise money?

Saint Mary's Youth Group members and their friends decide to attend the Rock-a-thon. Then they ask friends, family members, and business / school contacts for donations. Teens also attend the weekend Masses and ask Parishioners to contribute. Each participant is asked to raise at least \$50 prior to the Rock-A-Thon and record these donations on their Pledge Sheet. The person who raises the most PRIOR to the Rock-A-Thon will receive a prize.

Which charities will benefit from the donations?

Saint Vincent dePaul's (<http://www.svdmiddletown.org>) , The Joey Logano Foundation (<https://joeyloganofoundation.com>), and Outreach to Haiti (<https://outreachtohaiti.org>)

What should I know about the teams?

Because the rocking chairs need to rock for a full 12 or 24 hours we need teams of 4-5 people. You can arrive as part of a team; or be put in a team when you arrive. In years past, only about half of the teens formed a team prior to the Rock-A-Thon.

What food will be provided?

Dinner Saturday
Ice Cream Sundaes Saturday evening
Breakfast Sunday morning

What food should I bring?

Lunch for Saturday, if you didn't have time to eat before
Snacks
A sundae topping
Drinks, if you want something other than water, iced tea, or lemonade

What else should I bring?

\$5 towards the cost of the food and service project supplies
Pledge sheet with pledge money
Permission Slip
Rocking Chair --- We only need 1 per team so if you don't have one... no worries!
Blanket / Sleeping Bag / Pillow (More for comfort, than for sleep)

What should I leave at home?

Anything you can throw which could break something or hurt someone (Footballs, Frisbees ..)
Energy Drinks