



## St. Mary's Sports Festival – Rules and Guidelines

### THROWBALL

#### **Team Registrations – 7 aside Tournament**

- Each Team will play with only 7 players. Rotating substitutions will apply during all matches after informing the umpire.
- Only players registered will be permitted to participate i.e.; a **total of 12 players per team**. In the event of any serious injuries and the player cannot continue with the tournament, Replacements will be considered with prior **written notice** given to the organizing team. (Minimum 1 week before the team's next game).
- There will be **NO REFUND OF FEES** for teams that confirm participation and then cancel their participation when the tournament starts. **REFUND OF FEES** will be provided to those teams that **DO NOT GET AN ENTRY INTO THE TOURNAMENT**.
- **All teams have to submit the registration forms duly signed by the Captain / Manager team for the entry to the tournament to be complete.**
- **A general TEAM BRIEFING will be held on 29<sup>th</sup> August in the MAIN HALL at 6.30 pm onwards.**
- **It is MANDATORY FOR THE TEAM MANAGER AND CAPTAIN to attend the briefing.**
- **REGISTRATIONS WILL ONLY BE ACCEPTED AT THE SPORTS FEST OFFICE**

#### **Before Game time**

- Teams must report **15 mins** before their scheduled game; The Referee will call each team onto the pitch **only twice**, any team not adhering to the rules and failure to be on the court will result in forfeit of the game i.e. the opponent will be given a walk over. **3 points** will be awarded to the team that is present. **The game will not be rescheduled**. All fixtures will start as per the scheduled timings.
- **All team discussions should be conducted before entering the court, There will be a collective group prayer after which the match will commence.**
- A minimum of **5 players** per team are compulsory to be on the ground in order to start the game. No additional time will be considered.  
**Match fixtures with timings will be posted online for Sports Fest (No change in schedule will be entertained)** along with the detailed games rules and guidelines. Last minute changes (i.e. less than 3 days to Match Day) will be informed via Email/Personal Txt to the Captain/Team Representative.
- **Only team Captain and/or team manager (STRICTLY)** will be allowed to talk to the referee. Team Players and/or their supporters caught smoking / littering / speaking foul language / hand gestures etc. **will be fined AED 100/- and the Team will forgo the match** (or as decided by the referee/organizing committee). **Team Managers / Captains will be held accountable for the behavior and conduct of their respective teams as well as supporters.**
- Team members must come in uniform for all the games. In the event of a clash between the playing teams, the organizers will provide you with reflectors or bibs. This will be based on a toss between the 2 teams. **There will be no dressing/un-dressing on the field before or after the game. Players caught in violation of this will not be allowed to play the game/next game.**
- **All Jerseys will have clearly visible and printed numbers on the jerseys. No paper stickers or pen written numbers will be allowed.**
- **Players will play with their birth names/Emirates ID names on their jerseys. NO NICKNAMES ALLOWED.**
- **Team sheets will contain the original names of the players as per Emirates ID. NO NICKNAMES ALLOWED**

- No food or snacks will be allowed on the grounds. Water provided will be consumed at the entry gate. Please make sure to throw your waste in the bins provided.
- **ALL Emirates ID WILL BE PROVIDED IN COLOR COPY (ONLY) TO THE ORGANISERS / COMMITTEE.**
- **Players have to carry their original Emirates ID for all games and will be checked for entry to the ground.**

### **During Game time**

- **In Throw ball, the ball is thrown over the net, where a member of the other team tries to catch the ball and quickly throw it back across the net.**
- **The right to choose the initial order of serving, receiving and ends shall be decided by toss and the winner may choose to serve or to receive first or to start at a particular end.**
- **Player cannot catch the ball with assistance of body or legs**

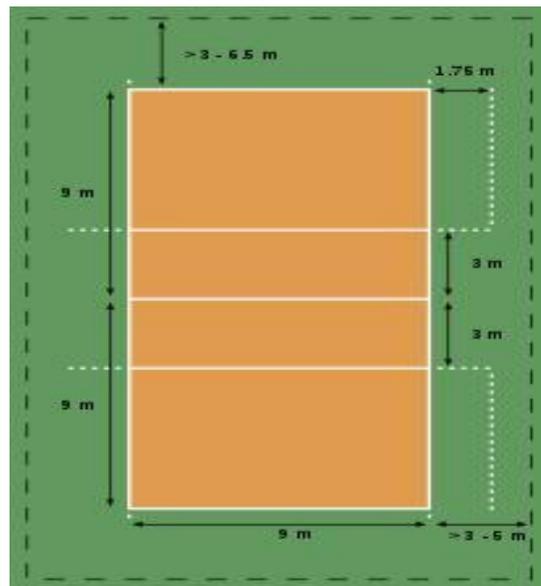
### **THE SERVE:**

- Server must serve from behind the restraining Line (end Line) until after contact on serve.
- Serve must be served OVER the shoulder and with one hand.
- Service is given by a right back. The player serves immediately after the referee's whistle. Serving is performed by throwing the ball from any position behind the back line to any area in the opposite field (the ball must be thrown, not hit or smashed).
- If the ball touches the cross net during the Service or rally, it will be considered as a valid (good) ball.
- The ball should be served after the whistle and within 5 sec.
- Any ball after catching should be released within 3 seconds
- The ball that ends in the net or out of the opposite field results in a point for the opposite team
- Double touch (juggling the ball in both hands) is not allowed while receiving the ball.
- **A player is allowed to jump when throwing the ball or while serving.**
  - a. Jumping when catching the ball is not allowed.
  - b. However, spot jumping is allowed while throwing the ball.
  - c. During a rally, the ball must be caught at once with both hands, without any sound or movement of the ball within the hands (*dubs*) and the player should have contact with the ground.
  - d. Two players are not allowed to catch the ball simultaneously.
  - e. The ball is thrown within three seconds after being caught, only from above the shoulder-line and only with one hand.
  - f. A player can jump when throwing the ball.
  - g. The player should have contact with the ground when catching the ball.
  - h. However, the ball is should not touched with any part of the body other than the palm when catching or throwing (no body touch or no double touch)
  - i. The ball can neither be shifted (passed) to the left nor right, nor deliberately pushed.
- No step can be taken after the ball has been caught. However, the player can move after the throw but before the ball is caught.
- **Players cannot touch the net during the play but the ball can touch the net and game continues.**
- **Shifting the ball from right to left or left to right or deliberately pushing is not permitted (foul play).**

- **One timeout (1 min) is permitted for each set**
- Teams can substitute only when it is their turn to serve; only exception is if a player gets injured. Only 1 person can be substituted at a time up to a maximum of 3 substitutes per set.
- Umpire's decision is final (no exceptions). Even if it was wrong call from the Umpire, the decision stays.
- The player cannot step into the dead zone to catch the ball and neither
- He/She throw the ball in the dead zone. A default will result in loss of point to the team.
- Served ball may Graze the net and drop to the other side for a point.
- **The captain has to be in control of their team on field at all times and make sure the rules are followed.**

### **SCORING**

- There will be a point scored on every score of the ball.
- Offense will score on a defense miss or out of bounds hit.
- **It will be a BEST OF 1 SET MATCH. Team reaching 15 Points first wins the match.**
- Must win by 2 points.
- Fouls can include Failure to return the ball over the net, A player touching the ball twice, Player touching the net.



- **Incase of arguments onfield. No substitutes will be allowed to talk to the referee. Only team Captain and/or team manager (STRICTLY) will be allowed to talk to the referee.**
- **Teams that cause excess problems on field and off field will be disbarred from the tournament the next year.**
- **Any debatable fouls will be discussed between the referees and game officials and decisions will be taken.**

### **SCORING AND RANKING**

- The system of play shall be a league system.
- Each team playing each other once in the league in the same group.
- Points will be awarded as follows **WIN = 3 POINTS, LOSS = 0 POINTS**
- The rankings of the teams in each group shall be determined in the following manner:
  1. Greatest number of points obtained in all group matches
  2. Match point difference in all group matches
  3. between the teams with equal points, which team won head to head will qualify.

- Top two teams from each group would qualify for the Semi Finals (If it's a double pool Game)
- Top 4 teams qualify if it's a single pool game.

**NOTE**

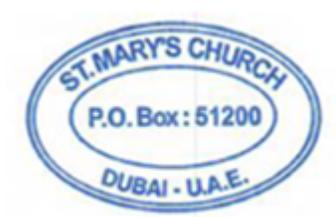
The organizing committee, reserves the right to dis-qualify any team that fails to up-hold the spirit of the game and abuses the sanctity of the premise they are playing within. If a team player/members' continuously argue with the referee, display inappropriate behavior or use any abusive language within the premise they are playing in, the entire team will be disqualified.

**By Signing this form the player and the Team agrees that St. Mary's Sports Fest, ST. Mary's Church Dubai and its organizer's are not Liabile for any Injury sustained by the player during the course of the tournament.**

We accept the terms and conditions stated above.

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Team Name

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Manager/ Captain Signature



***DO NOT PLAY THE GAME WITH INTENT TO HARM OR INJURE. PLAY WITH SPORTSMANSHIP AND RESPECT FOR YOUR OPPONENT PLAY THE BEAUTIFUL GAME, FOR THE LOVE OF THE GAME.***

**Incase of Any further enquiries regarding the games please contact the below persons.**

<b>Sport</b>	<b>Name</b>	<b>Contact Number</b>
<b>Football/ Throwball</b>	<b>Anil / Ashley</b>	<b>050 9790268 /050 7570285</b>
<b>Volleyball</b>	<b>George</b>	<b>055 2515101</b>
<b>Basketball</b>	<b>Vipin</b>	<b>052 9591526</b>
<b>Cricket</b>	<b>Zefferino</b>	<b>052 7923338</b>