

Prayer of Widows and Widowers

Lord Jesus Christ, during Your earthly life You showed compassion to those who had lost a loved one. Turn Your compassionate eyes on me in my sorrow over the loss of my life's partner. Fill this emptiness until we are together again in Your heavenly kingdom as a reward for our earthly service.

Help me to cope with my loss by relying on You even more than before. Teach me to adapt to the new conditions of my life and to continue doing Your will.

Enable me to avoid withdrawing from life and make me give myself to others more readily, so that I may continue to live in Your grace and to do the task that You have laid out for me.