

# Welcomed and Valued

Support and Hope for People with Mental Illness and Their Families  
Biological | Social | Spiritual | Psychological

Did you know that mental illness is the leading cause of disability in America?  
Join Catholic Charities of Kansas City-St. Joseph for a special educational event to learn more about mental illness in the community.

See how you can help create a faith community of support and hope.



## Mental Health Basics

Reducing the Stigma.  
Understanding Its Impact on Families.  
Open Q&A.

Thursday, April 9, 2015  
7:00 p.m. to 8:30 p.m.

**Mulligan Room at Our Lady of the Presentation**