

Father Christopher Panagoplos' Examination of Consciousness for the Secular Franciscan

How do we daily surrender to the Paschal Mystery that has already been revealed to us in Christ Jesus? Our lived responses are found in our Rule and Constitutions:

- #4 Do I daily direct my life using Scripture and the teaching of Jesus?
- #5 Is Christ the center and meaning of everything? How do I apply this to everyday life?
- #6 How do I commit myself to "rebuild the Church?" Do I cooperate on social justice issues?
- #7 Do I conform my thoughts and actions to those of Christ by the radical interior change which the Gospel calls "conversion?"
- #8 In my daily prayers, do I follow the expectation of the Church that my prayer is individual, communal, liturgical?
- #9 Do I imitate Mary's complete self-giving in her openness to God's word and call?
- #10 Do I faithfully fulfill the duties proper to my circumstances in life?
- #11 Do I seek the proper spirit of detachment from every tendency of yearning for possessions and power?
- #12 Do I have the purity of heart necessary to set myself free to love God and my brothers and sisters?
- #13 Do I accept people with differing personalities and of diverse cultural backgrounds as God's gift and an image of Christ?
- #14 Do I exercise my responsibilities competently in the Christian spirit of service? Do I responsibly fulfill the needs in my fraternity?
- #15 How does the testimony of my life put me in the forefront of promoting justice?
- #16 Do I tolerate or esteem work as a right and as a sharing in creation, redemption, and service of the human community?
- #17 Do I cultivate the Franciscan spirit of peace, fidelity and respect for all life in my family, community, and fraternity?
- #18 Do I respect all creatures, animate and inanimate, "as bearing the imprint of the Most High," and see them as brothers and sisters?
- #19 Using the "Peace Prayer" as a guide, how do I behave as a peace-maker? Am I a bearer of peace and messenger of perfect joy in every circumstance?