

# Ladies!

Exhausted from the chaos?  
Summon that rejuvenating peace from within!

Cultivate your Interior Freedom  
Wednesdays 6:30-8pm during Lent! (Starting 2/27)  
The Basilica of St. Patrick's Old Cathedral  
32 Prince Street (btw Mulberry & Mott St.)

For more info please contact:  
Angeli - [angeliatprayer@gmail.com](mailto:angeliatprayer@gmail.com)  
Tony - [tony@oldcathedral.org](mailto:tony@oldcathedral.org)

Women's Small Group Study Circle on:  
Jacques Philippe

*Every Christian needs to discover that even in the most unfavorable outward circumstances we possess within ourselves a space of freedom that nobody can take away, because God is its source and guarantee. Without this discovery we will always be restricted in some way, and will never taste true happiness. But if we learn to let this inner space of freedom unfold, then even though many things may well cause us to suffer, nothing will really be able to oppress or crush us.*



Interior  
Freedom

*- Jacques Philippe, Interior Freedom*

**See schedule on reverse side**

Wednesday Nights 6:30 – 8:00pm

2/27 Introduction

3/6 Chapter 1 Section 1&2

3/13 Chapter 1 Section 3&4

Freedom and Acceptance, offers an extensive discussion on the search for freedom; the acceptance of ourselves, the acceptance of other people, and the acceptance of suffering.

3/20 Chapter 2 - explores the freedom found in living in the present moment.

3/27 Chapter 3 - explains how interior freedom is found in direct proportion to our growth in faith, hope and charity.

4/3 Chapter 4 - From Law to Grace, expounds on love as a free gift.

4/10 Chapter 5 - concludes with a section on spiritual poverty and freedom.