

Grieving the death of a spouse?

Or do you know someone who is?

Your life has changed forever. The daily emotions and challenges can seem too hard to bear.

Find help at a Loss of a Spouse seminar.

GRIEF SHARE[®]

LOSS OF A SPOUSE

**Thursday, November 21, 2019; 1:00 and repeated at 7:00 p.m.
at St. Mary's Chapel, Bedford Avenue, Fishkill, NY**

www.saintmaryschurch-fishkill.org

(Snow Date: Friday, November 22, 2019)

If you wish further information/registration,

Please call Catherine Cwiakala, LMSW

at 845-896-6400 by Thursday, November 7, 2019