



First Sunday of Lent

In today's Gospel, Jesus travels into the desert to be tempted by the devil. How do you respond to temptations in your life?

"Every day, but particularly in Lent, Christians must face a struggle, like the one that Christ underwent in the desert of Judea, where for forty days he was tempted by the devil, and then in Gethsemane, when he rejected the most severe temptation, accepting the Father's will to the very end.

It is a spiritual battle waged against sin and finally, against Satan. It is a struggle that involves the whole of the person and demands attentive and constant watchfulness." (Pope Benedict XVI, Homily on Ash Wednesday, March 1, 2006)

Meet Me in the Desert

Lord of Lent, Lord of Easter,
As you went into the desert
So do I follow
Putting aside that which distracts me
Grabs at me
Falsely claims me.
To search inside
To confront myself
My best, my worst
My good works and my sins.

And each time, I find you there
To call to me again
With words of challenge and words of mercy.

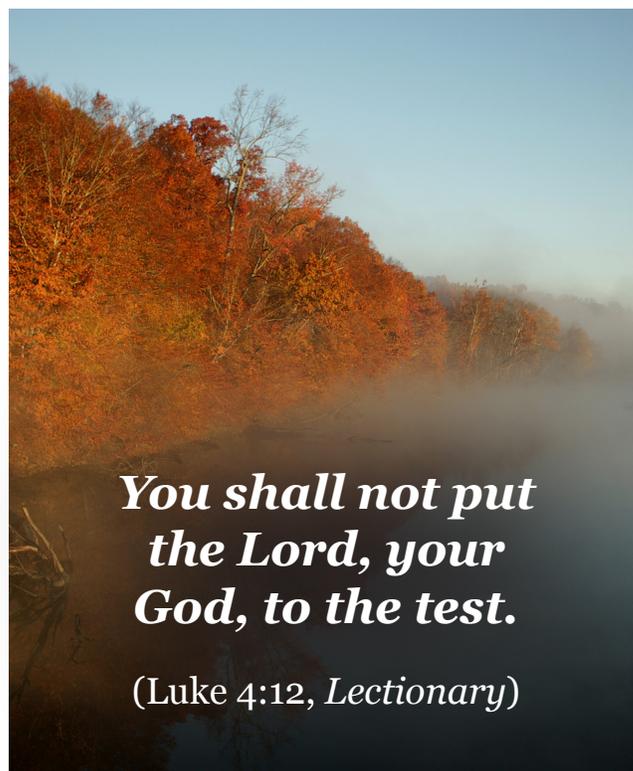
And as I fall to my knees, in prayer, in fasting
In sacrifice and penitence
Somehow, you have it in yourself to reach out
and gently lift me
To renew me
To claim me as nothing of this world can claim
me.

Meet me in the desert, Lord.
Claim me anew.
Amen.

Lent and Your Phone

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