

# St. Mary-Our Lady of Mt. Carmel

23 South High Street • Mount Vernon, New York 10550

(914) 664-5855 • Fax (914) 663-6097

[http:// www.stmarys-ny.org](http://www.stmarys-ny.org)

## MASSES

### Saturday Evening

5:00pm, 7:00pm (Spanish)

### Sunday

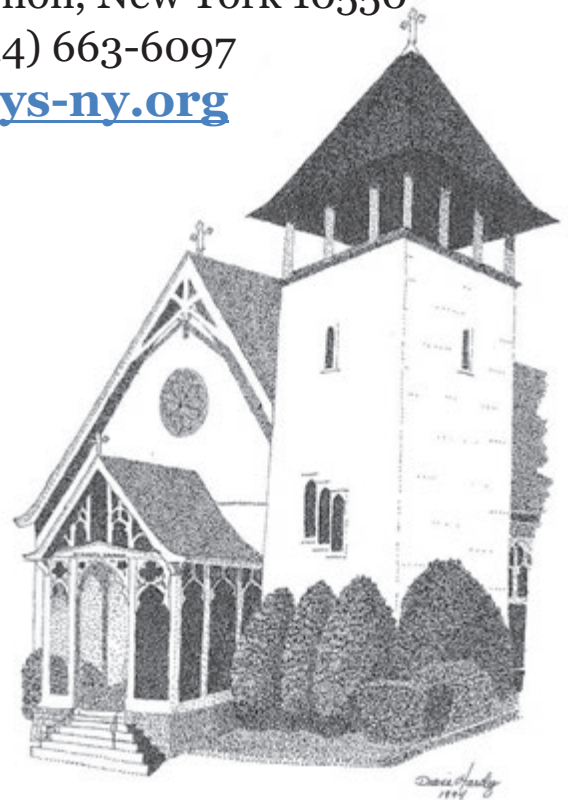
8:30, 9:45am (Spanish), 11:30am

### Daily

9:00am

### Holy Days

9:00am and 7:30pm



### Rev. Francis P. Scanlon

*Pastor*

### Deacon Joe Patrona

*Minister of Education*

### Deacon Frankie Vazquez

*Minister Assistant*

### Clara Vazquez

*Parish Secretary*

### Alan J. May

*Business Manager*

### John Griffiths

*Minister of Music*

### Stephen M. Bauert

*Maintenance Engineer*

### Juan M. Cruz

*Custodian Assistant*

## BAPTISMS & WEDDINGS

Please call the Rectory for an appointment with the Pastor  
(914) 664-5855.

## CONFESSIONS

Saturday 4:00 - 4.45pm

## CATHOLIC CHARISMATIC PRAYER MEETING

Wednesdays at 8:00pm in Parish Hall. Teachings, Witnessing, Scripture Sharing, and more, to give honor and praise to God the Father, Son and Holy Spirit. All ages are welcome!

## SPANISH PRAYER MEETING

Every Friday at 7:00 pm in Parish Hall.

First Friday: Holy Hour 6:30 - 7:30 pm

First Friday: Healing Mass 7:30 pm

*"Truly you have formed my inmost being; You knit me in my mother's womb. You knew that I was there – You saw me before I was born."* (Psalm 139: 13, 16) **PRAY FOR THE UNBORN**

*ABUSE SURVIVORS: We are grateful you are here today. We are sorry for the intense pain you suffer. We know there are many types of abuse; including sexual, physical, emotional and psychological. We hope you find this Church community a place of sensitivity that does not exacerbate your pain. We pray that you seek the support and help you need. We also pray that God holds you in His gentle loving hands and helps you to heal. Amen*



*Good and gracious God, physician and healer, we pray that you will lay your healing hands upon those who are sick and restore them back to health through your divine grace, love and compassion. In Jesus we pray. Amen*

Idalia Vázquez, Kathy Barletti, Carmine Bartoli, Lucille Strychalsky, Mary Kelly, Daniel Williams, Maria Garcia Abreu, Lourdzery Bisono, Bob Tornese, Amanda Fonseca, Elva Abraham and Fr. Frank Scanlon  
Chryslyn Deleon, Jason Villanueva



*O Lord, creator and redeemer of all your faithful people, we pray that those we love who have gone before us in faith may know your mercy, light, and peace; and the blessings of everlasting life. Amen*

January – Luke Gallagher, Frances Caldararo, Natalie Aurrichio  
February – Steven Ortega  
March - Janet O'Keefe, Maria Serratore, Avondale Abraham  
April – Robert DeFrancesco, Julio Negron  
May – Linda Villani  
June- Frank Valente  
July- Monica May, Maria Vaquero  
September-Lucy Piro, Dante Brown Sr.  
October- Héctor Luis Casellas Jr.  
November – Anna Premuto, Vincent Ruddy  
December – Rolando Gongora, Louise Castro

### CHURCH REGULATIONS

HERE ARE THE CHURCH REGULATIONS FOR FASTING AND ABSTINENCE DURING LENT: Everyone 14 years of age or older is bound to abstain from meat on Ash Wednesday, all the Fridays of Lent and Good Friday. Everyone 18 or older, and under 59 years of age, is bound to fast on Ash Wednesday and Good Friday. On Ash Wednesday and Good Friday, only one full meatless meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted. When health or ability to work would be seriously affected, the law does not oblige. Catholics should not lightly excuse themselves from these prescribed minimal penitential practices.

### BEST LENT EVER

Instead of giving up chocolate for Lent, discover simple ways to transform your life in forty days. Let us join together as a community for BEST LENT EVER, a free email program from Dynamic Catholic. Lent comes every year. It's meant to be a time when we invite God to help us become the-best-version-of-ourselves. But for many of us, Lent isn't a transformative experience. It's just a time when we give up chocolate or something else we enjoy, then go back to it at Easter. This year, you can change that with BEST LENT EVER. Each day of Lent, you'll receive a short inspirational video that will help you find areas for growth, build better habits, and spark lasting change in your life. All you have to do is sign up at BestLentEver.com.

### RICEBOWLS

CRS Rice Bowl helps us encounter Lent. We are called to love our neighbor. But, like the scholar in the scripture passage, we may find ourselves wondering, "Who is my neighbor?" This Lent, CRS Rice Bowl—Catholic Relief Services' Lenten faith-in action program, will help us answer that question. CRS Rice Bowl packets available in vestibule of the Church and the Rectory.

### BLOOD DRIVE

The St. Mary- Our Lady Mt. Carmel's Annual Lenten blood drive will be held this year on Sunday, March 24, 2019. Please consider donating at our drive. We need to know how many people will donate so that sufficient Blood Center staff members can be scheduled. There is no substitute for human blood. One in three people will need blood sometime during their lives. Blood only last 42 days. Your donation now is critically important. "Life saving donations help many patients enjoy another tomorrow."

**Bible Study:** This year's Bible classes is on the Book of Revelation. We will meet with Fr. James Villa on the First and Third Tuesdays in the Rectory from 7:00 p.m. to 8:30 p.m. From the March thru May of 2018. The next dates are March 19, 2019 and the final class will be on May 21, 2019.

~ ~ From the Pastor's Desk ~ ~

Stations of the Cross: Spanish, Monday evenings at 7:00 p.m. in the Church. English, Friday mornings after the 9:00 a.m. Mass.

**New Parish Directory**

It is time to have a new parish directory. We are in the process of putting together a new parish directory. Thanks be to God that we have many new members to add to our directory. Whether you are new or old member of the community, please fill out the form with the information you would like to have in the directory. Please either return the form to the Rectory or place it in the offertory basket at Mass. Thank you and we hope to have 100% of our community represented in the Parish Directory.

<b><u>New Parish Directory</u></b>	
Title (Mr.&Mrs.; Miss; Ms. Mr.)	_____
Name:	_____
Street:	_____
City:	_____ Zip: _____
Home #:	_____ Cell: _____
Email:	_____
Spouse Email:	_____
<input type="checkbox"/> Change of Address	<input type="checkbox"/> New Member
Please return to the Rectory or put in the Offertory Basket at Mass	

*Parish Ministries for Next Weekend - Mar. 23, 2019 & Mar. 24, 2019*

Time	Lectors	Eucharistic Ministers
5:00 pm	Pat Spana	MaryAnn DiLiberti, Donna Premuto, Rich Spana,
8:30 am	Lester Dixon	Debra Strand, Dorothy Satriale Nancy Ramos
11:30 am	William Ryan Woodrow Wilson	Gina Ricca, Donna Mazzola, Terry Geil, John LaMassa, Sylvia Mahoney
Greeters for 3/24/19: Georgia Douglas & Sandi McMichael		

*Calendar of Upcoming Events - March 18-March 23, 2019*

17 Sunday	12:30 am 1:00 pm	Irish Soda Bread Contest Baptism Team- Parlor Room
18 Monday	7:00 pm	Westchester Grupo de Oración – Parish Hall
19 Tuesday	12:30 pm 7:00 pm	Healing Service Bible Study- Dining Room
20 Wednesday	8:00 pm	Charismatic Prayer Meeting
21 Thursday	9:45 am 4:00 pm 5:30-7:30 pm 7:00 pm	Prayer Group – Church PSR – Grades 1-6 – Rectory & Parish Hall PSR- Grades 7-8- Rectory & Parish Hall Knitting Group – Parlor Room
22 Friday	4:00 pm 7:00 pm	Food Pantry – Parish Hall Circulo de Oración – Parish Hall
23 Saturday	9:00 am	Parish Lenten Day of Reflection - Hall



March 10, 2019 \$3,643.00/ March 11, 2018 \$5,380.35

**AQUÍ ESTÁN LAS REGULACIONES DE LA IGLESIA PARA EL AYUNO Y LA ABSTINENCIA DURANTE LA CUARESMA:** Toda persona de 14 años de edad o mayor debe abstenerse de comer carne el Miércoles de Ceniza, todos los viernes de Cuaresma \* y Viernes Santo. Todos los mayores de 18 años y menores de 59 años de edad deben ayunar el Miércoles de Ceniza y el Viernes Santo. El Miércoles de Ceniza y el Viernes Santo, solo se permite una comida sin carne completa. Se pueden tomar otras dos comidas sin carne, suficientes para mantener la fuerza, de acuerdo con las necesidades de cada uno, pero juntas no deben ser iguales a otra comida completa. Comer entre comidas no está permitido. Cuando la salud o la capacidad para trabajar se verían seriamente afectadas, la ley no obliga. Los católicos no deben excusarse a la ligera de estas prácticas penitenciales mínimas prescritas.

Tazón de Arroz de CRS nos ayuda a encontrarnos con la Cuaresma Estamos llamados a amar a nuestro prójimo, Pero como el estudiante en el pasaje de las Escrituras, podemos preguntarnos: "¿Quién es mi prójimo?". Esta Cuaresma, el Programa de Tazón de Arroz de CRS de Catholic Relief Services nos ayudará a Esponder a esta pregunta. Los paquetes de Tazón de Arroz de CRS están disponibles en el vestíbulo de la Iglesia y la Rectoría.

La Santa María-Nuestra Señora de Monte Carmel Donación Cuaresmal de Sangre anual se celebrará este ano el domingo 24 de marzo de 2019. Por favor considere hacer una donación a nuestra unidad. Necesitamos saber cuántas personas van a donar sangre suficiente para que los miembros del personal del Centro se pude programar. No hay sustituto para la sangre humana. Una de cada tres personas tendrá sangre el algún momento de sus vidas. La sangre solo dura 42 días. Su donación ahora es sumamente importante. "Salvar la vida donaciones ayudan a muchos pacientes disfrutar de otra mañana".

### Nuevo Directorio Parroquial

Es hora de tener un nuevo directorio parroquial. estamos en el proceso de crear un nuevo directorio parroquial. Gracias a Dios que tenemos muchos miembros nuevos para agregar a nuestro directorio. Si usted es un miembro nuevo o antiguo de la comunidad, complete el formulario a continuación con la información que le gustaría tener en el directorio. Por favor devuelva el formulario a la rectoría o colóquelo en la canasta de ofrendas en la Misa. Gracias y esperamos que el 100% de nuestra comunidad esté representada en el Directorio Parroquial.

<u><b>Nuevo Directorio Parroquial</b></u>	
Title (Sr. Sra.)	_____
Nombre:	_____
Dirección:	_____
Ciudad:	_____ Estado: _____
Código Postal:	_____
Teléfono de casa	_____ Celular: _____
Correo electrónico:	_____
Esposa Correo electrónico:	_____
<input type="checkbox"/>	Cambio de Dirección <input type="checkbox"/> Nuevo Miembro
Por favor regresa a la Rectoría	
O colóquelo en la canasta de ofrendas en la misa.	

~ Desde El Escritorio Del Pastor ~ ~

Unámonos como una comunidad para una mejor Cuaresma, un programa gratuito de correo electrónico de católico dinámico. La Cuaresma viene cada año. Está destinado a ser un momento en que invitamos a Dios para que nos ayude a convertirnos en la mejor versión de nosotros mismos. Pero para muchos de nosotros, la Cuaresma no es una experiencia transformadora. Es solo un momento en el que abandonamos el chocolate o algo que disfrutamos, y luego regresamos durante la Pascua. Este año, puedes cambiar eso con Best Lent Ever. Cada día de Cuaresma, recibirás un breve video inspirador que te ayudará a encontrar áreas para crecer, crear mejores hábitos y provocar un cambio duradero en tu vida. Todo lo que tiene que hacer es registrarse en [BestLentEver.com](http://BestLentEver.com).

Estaciones de la Cruz: En español, lunes por la noche a las 7:00 p.m. en la Iglesia y en inglés, los viernes por la mañana después de la misa de las 9:00 a.m.



**Second Sunday of Lent  
March 17, 2019**

Saturday, 3/16/19	9:00 am 5:00 pm 7:00 pm	For the People of our Parish No Mass Intentions No Intenciones en Español
Sunday, 3/17/19	8:30 am 9:45 am 11:30 am	For the People of our Parish Cristóbal Pérez (Difunto)(Aniversario de Fallecido) Mia Mc Caffrey (Anniversary in Heaven) Frances Torres (3 <sup>rd</sup> Anniversary in Heaven)
Monday, 3/18/19	9:00 am	No Mass Intentions
Tuesday, 3/19/19	9:00 am	No Mass Intentions
Wednesday, 3/20/19	9:00 am	Francine Giovinazzo (Anniversary in Heaven)
Thursday, 3/21/19	9:00 am	Fitzgerald Baptiste (Birthday in Heaven)
Friday, 3/22/19	9:00 am	No Mass Intentions
Saturday, 3/23/19	9:00 am 5:00 pm 7:00 pm	No Mass Intentions Steven Ty Ortega (Deceased) No Intenciones en Español
Sunday, 3/24/19	8:30 am 9:45 am 11:30 am	For the People of our Parish No Intenciones en Español Mia Mc Caffrey (Anniversary in Heaven) Frances Torres (3 <sup>rd</sup> Anniversary in Heaven)

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Bereavement Support Group - Monthly Meetings - Open to Parishioners - Check Your Bulletin or call for more information



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