



Praying the ROSARY

How to Pray the Rosary

- 1 Make the Sign of the Cross.
- 2 Holding the Crucifix, say the Apostles' Creed.
- 3 On the first bead, say an Our Father.
- 4 Say one Hail Mary on each of the next three beads.
- 5 Say the Glory Be
- 6 For each of the five decades, announce the Mystery (perhaps followed by a brief reading from Scripture) then say the Our Father.
- 7 While fingering each of the ten beads of the decade, next say ten Hail Marys while meditating on the Mystery. Then say a Glory Be.
- 8 (After finishing each decade, some say the following prayer requested by the Blessed Virgin Mary at Fatima: O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those who have most need of your mercy.)
- 9 After saying the five decades, say the Hail, Holy Queen



Fold on lines

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil.
Amen

The Our Father

Hail Mary, full of grace, the Lord is with you;
blessed are you among women,
and blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners
now and at the hour of our death.
Amen.

The Hail Mary

Hail, holy Queen, mother of mercy,
our life, our sweetness, and our hope.
To you we cry, poor banished children of Eve;
to you we send up our sighs,
mourning and weeping in this valley of tears.
Turn, then, most gracious advocate,
your eyes of mercy toward us;
and after this, our exile,
show unto us the blessed fruit of your womb, Jesus.
O clement, O loving, O sweet Virgin Mary.

The Hail Holy Queen (The Salve Regina)

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.

The Glory Be (The Doxology)

Glory be to the Father, the Son, and the
Holy Spirit; as it was in the beginning, is
now, and ever shall be, world without end.
Amen.

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the
dead;
he ascended into heaven,
and is seated at the right hand of God the
Father almighty;
from there he will come to judge the living
and the dead.
Amen.

The Apostles' Creed

Prayers of the Rosary

Fold on lines

Joyful Mysteries

- 1 The Annunciation
- 2 The Visitation
- 3 The Nativity
- 4 The Presentation in the Temple
- 5 The Finding in the Temple

Sorrowful Mysteries

- 1 The Agony in the Garden
- 2 The Scouring at the Pillar
- 3 The Crowning with Thorns
- 4 The Carrying of the Cross
- 5 The Crucifixion and Death

Glorious Mysteries

- 1 The Resurrection
- 2 The Ascension
- 3 The Descent of the Holy Spirit
- 4 The Assumption
- 5 The Coronation of Mary

Luminous Mysteries

- 1 The Baptism of Christ in the Jordan
- 2 The Wedding Feast at Cana
- 3 Jesus' Proclamation of the Coming of the Kingdom of God
- 4 The Transfiguration
- 5 The Institution of Eucharist