

YOUR SPONSOR

Your sponsor assumes a role like your godparents at baptism. This person is a witness to your faith. Sponsors need to be at least 16 years of age and they must have been confirmed. They should also be practicing Catholics. You can choose one of your baptism godparents if you like. You might choose a relative, but your sponsor does not have to be related to you. **You cannot choose a parent as sponsor.****

It might be good to think about people who have been most influential in your faith life. Who models for you what it means to be a Catholic Christian? Other than your parents, who has most encouraged you to use your God-given gifts and make a positive difference in the world? Look for someone who inspires you by their own involvement in their parish, who attends mass and is a person of prayer.

How can your sponsor help on your journey to Confirmation?

- Invite your sponsor along on some of your service and enrichment projects.
- Go to mass with your sponsor.
- Ask your sponsor to pray for you as you prepare for the sacrament.
- If you have questions about what you are learning in class, discuss them with your sponsor.
- Your sponsor will be asked to accompany you on your Confirmation retreat.

Other key facts:

- Your sponsor will be seated with you on Confirmation day.
- When you go up to the bishop to be anointed, your sponsor will accompany you and place their right hand on your right shoulder as a sign of support and prayer.
- You will fill out a card including your sponsor's full name (First, Middle, Last) on Confirmation day. Your sponsor's name will be recorded with yours in the parish Confirmation register.

** If your sponsor cannot be present on Confirmation day, you may have someone stand in as proxy. A parent can stand in as proxy.