

Surviving Divorce: A 3 Day Retreat

**Saturday mornings from 9am to 1pm
September 28th, October 26th & November 16th**

Helping You Find Peace, Power & Passion After Your Divorce

The Archdiocese of Newark is sponsoring a 3 day retreat for the separated and divorced. Each day features DVD sessions that cover topics of shock, denial, anger, grief, guilt, forgiveness and much more. The itinerary includes video presentations and small group discussions. Participants will hear personal testimonies of Catholic men and women who have experienced the breakdown of their families who witness to the healing power of Christ in their lives. Whether you got divorced ten days ago or ten years ago, this program offers valuable insight & support. Sessions run from 9am to 1pm. Each session will cover different topics & discussions. We are also offering a fourth optional session on December 7th covering related topics such as: dealing with the family & children, finances, & moving forward.



Where? Our Lady of the Blessed Sacrament
28 Livingston Avenue
Roseland, NJ 07068
Founders Hall (Red building)
Exit 5B off of Rt. 280

How do I register for the retreat?

Register online: <https://conta.cc/31gcKqr>
Register by phone: 973-497-4327

The cost of the entire retreat is \$20.00 and includes the cost of a personal guide book, refreshments & light lunch.

Archdiocese of Newark Family Life Ministry

www.rcan.org/loss-transition